









Time: 2 hours Level: First

Course Code: 100Z

Marks: 60

(Q1): Choose the b	est single correct answer	(30 marks,	one mark for each
1- The microfilament	s are made of	protein.	
a) Fibrin	b) Tubulin	c) Collagen	d) Actin
2- The DNA in prokarye	b) Circular	c) Cluster	d) Patch
3- Before cell division, the a) Duplicate	he centriolesb) Triplicate	Themselves c) Migrate	d) Divide
<ul><li>4- On the outside of the</li><li>a) Cholesterol</li></ul>	cell membrane, b) Receptors	.attached to some proteins and c) Channels	lipid d) Chain of suga
5- The membranous org a) Directly	anelles participateb) Indirectly	in cellular metabolism c) Internally	d) All of them
6- The cell membrane is a) Carbohydrates	made of mix of proteins and b) Glycoproteins	c) lipids	d) lipoproteins
7- The transport in which	h larger materials are enteri	ng or exit from the cells is called	•••••
a) Diffusion	b) Massive transport	c) Passive transport	d) Active transpor
8- The lipid give the cell a) Conductivity	membranes their b) Permeability	c) Movement	d) Flexibility
9- The reticular lamina	secreted by Tissue.		
a) Muscular	b) Connective	c) Epithelial	d) Nervous

11- Desmosomes are made u	ip of		
a) An integrin	b) A cadherin	c) Connexins	d) An actin
12- Goblet cells of intestina a) Unicellular glands	al epithelium are example b) Endocrine	e of gland c) Exocrine gla	and an America
Talling yet?	alandular anithelium	which based on their mode of s	secretion.
	Ine giandulai epithenum	c) Alveolar gland	d) Holocrine gland
a) Simple gland	b) Tubular gland		in report to a graph program
14- Gap, tight and adhe	ring junctions are found	c) Muscular tissue	d) Neural tissue
a) Epithelial tissue	b) Connective tissue	e) Musculai dissuo	e e e e e e e e e e e e e e e e e e e
15- Which of the following	is lack blood vessels and	nerves?	La jorgera (de jerg
a) Rone	b) Hyaline cartilage	c) Areolar C.T	d) Striated muscles
16 is a type of	connective tissue that co	ntains numerous collagen fiber	s and few cells provides
strong connection between	the tissues.	** , * * !	
a) Dense C.T	b) a and c	c) Dense Regular C.T	d) Loose C.T
17- Which of the following	is the correct scientific n	ame for a house cat?	July Marie 1
a) felis domesticus	b) Felis Domesticus	c) felis Domesticus	d) Felis domesticus
18- Rank the following ter		complex	
	ily, Class, Order, Phylum,		recording to the second
	ily, Order, Class, Phylum,		, 1 <sup>2</sup> 1 .
	Class, Order, Family, Genu		t fall (mergyaser)
d) Kingdom, Phylum, C	Order, Class, Family, Genu	s, Species	Take to the take
19. Classified animals acc	ording to their way of livi	ing, their habitat and their bod	y parts
a) Linnaeus	b) Ray	c) Aristotle	d) Whittaker
20- Group of organisms th	at can interbreed and pr	oduce fertile offspring	the state of the s
a) Family	b) Class	c) Genus	d) Species
21- In chordates the interi	nal cavity of the nerve co	ord is known as the	
a) Spinal cord	b) Central rachis	c) Central canal	d) Coelenterata
22- In; mouth dev		e on the anterior end.	
a) Eubacteria	b) Archaebacteria	c) Deuterostome	d) Protostomes
22 Donadus sevuelly l		ysts formation and sexually by	conjugation
	b) Eumetazoaa	c) Protozoa	d) Mesozoa
<ul><li>a) Parazoa</li><li>24- Deficiency of iodine in f</li></ul>		•	
a) Goiter	b) Gigantism	c) Diabetes	d) Obesity

	25- Homeostasis is conti	rolled by	ar e	
	a) Hormones	b) Nervous system	c) a & b	d) None of them
r	26 is a poten	t antioxidant with anti-aging pro	perties.	
	a) TSH	b) Melatonin	c) LH	d) Thyroxine
	27- Which of these horn	nones regulate sugar in the blood	?	
	a) Adrenalin	b) Insulin	c) Glucagon	d) Both b and c
	28 stimulat	tes milk production.		F as
	a) Oxytocin	b) Prolactin	c) MSH	d) FSH
	29- One of the following	is different from others	· ·	
	a) Pituitary	b) Thyroid	c) Adrenal	d) Pancreas
	30- Decreasing of GH se	cretion√ GH) in children leadin	g to	
	a) Dwarfism	b) Acromegaly	c) Gigantism	d) Goiter
	(Q2): Choose the be	est single correct answer	(20 marks,	1/2 mark for each)
				* * * *
	<ul><li>31 - Glycoproteins make</li><li>a) Pore</li></ul>	b) Receptors	c) Skeleton	d) Fibers
		nded by two membranes, togethe	r known as	d) Nucleolus
	a) Nuclear membranes	b) Nuclear body	c) Nuclear envelope	a) Nucleolas
	<ul><li>33- The ribosomes are for a) Nucleolus</li></ul>	ormed in: b) Nucleus	c) Cytoplasm	d) Endoplasm
		y in the cytosol are made by: b) Free ribosomes	c) RER	d) SER
	35- The r	nembrane of mitochondria form	folds which are called crists	e: d) Intermediate
	a) Inner	b) outer	c) ATP	u) intermediate
	36- The tales of phospho a) Hydrophilic	lipid molecules are known as: b) Lipophilic	c) Hydrophobic	d) Lipophobic
	37- Both glycolipids and	glycoproteins together form wha	at is called: c) Phospholipid bilayer	d) Cell coat
	a) Cell membrane	b) Mitochondrial membrane		
		nolecules make the cell membran	e less permeable and decrea	ase flexibility. d) Glycoproteins
	a) Cholesterol	b) Carbohydrate	c) Lipid	a) Cijuopioum

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39- In the liver,	are responsible for n b) SER	eutralizing toxins. c) Golgi bodies I	d) lysosomes
,	,	,	
<ul><li>40- Lysosomes contain</li><li>a) Glycoproteins</li></ul>	b) ATP energy	vn waste materials. c) Digestive enzymes	d) All of them
41- Compact bone tissue is c	omposed of and fo	orms the external layer of all bon	es.
a) Collagen protein	b) Osteoid protein	c) Actin protein	d) Myosin protein
<ul><li>42-The main function of con</li><li>a) Binding together othe</li><li>c) Forming a packing are</li></ul>	r tissues	b) Supporting various parts od) All of them	of the body
<ul><li>43- Connective tissue is</li><li>a) Ectodermal in origin</li><li>c) Mesodermal in origin</li></ul>	with intercellular spaces	b) Mesodermal in origin with d) Ectodermal in origin witho	T 40
44- The main difference in w	hite and yellow fibers is of		
a) Protein	b) Color of the fibers	c) Both a and b	d) None of them
c) Brown fat has a larger d) UCP1, is a unique mit	capacity for generating heat ochondrial membranous protection	ein found in Brown fat.	ly few.
46- The cell membra	ne of the muscle fiber is know	n as	٠,
a) Nucleoplasm	b) Sarcolemma	c) Sarcoplasm	d) Nuclear envelops
47- Which of the following mu	iscle cells is considered volunt	ary?	
	b) Skeletal muscles	c) Smooth muscles	d) a and C
•	ly weight of an average adult		
a) Nearly 10%	b) Nearly 3%	c) Nearly 50%	d) Nearly 100%
		from the CNS to the muscles and	d glands.
a) Sensory neurons 50- The nervous tissue inclu	b) Association neurons des	c) Afferent neurons	d) Motor neurons
a) Both b and c	b) Nerve cell	c) Glial cells	d) Blood
51- Its digestive system is in	complete with one opening	and gastrovascular type	
a) Taenia	b) Turbellaria	c) Cnidaria	d) Cestoda

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	52- In insects the 1st pair of v	vings is					
	a) Cephalic	b) Metathoracic	c) Mesothoracic	d) Prothoracic			
13	53- Apicomplexa are	••					
ig.	a) Free living	b) Endoparasites	c) Exoparasites	d) None of the previous			
	54- Classify animals on the	bases of structures and pu	blished the current classification	ation scheme.			
	a) Ray	b) Aristotle	c) Linnaeus	d) Whittaker			
	55- Class Polychaeta belong	s to Phylum					
is .	a) Platyhelminthes	b) Annelida	c) Nematoda	d) Arthropoda			
1	56- In phylum cilliophora m	56- In phylum cilliophora micronuclei participate in					
16	a) Sexual reproduction	b) Metabolic functions	c) Developmental functions	d) None of the previous			
	57- Multicellular, aquatic or	rganisms with many pores	e e				
	a) Cnidaria	b) Platyhelminthes	c) Protozoa	d) Porifera			
	58- Diploblastic animal with	one opening into and out	t of gastrovascular cavity				
	a) Hirudo	b) Hydra	c) Fasciola	d) Sponge			
THE STATE OF	59- With ladder form nervous system						
, 1	a) Cnidaria	b) Arthropoda	c) Nematoda	d) Platyhelminthes			
	60- Nematodes are						
	a) Acoelomates	b) Pseudocoelomates	c) Eucoelomates	d) Coelomates			
	61 stimulates	s the thyroid gland to proc	luce thyroxin.	n tli.			
3.5	a) TSH	b) Parathormone	c) ADH	d) Insulin			
· M	62 initiates uteri	ne contraction during chil	dbirth.	<b>-</b> ,			
	a) FSH	b) LH	c) Estrogen	d) Oxytocin			
	63plays a role with	calcitonin in calcium hem	ostasis.	N. A. Juna lima			
	a) Thyroxin	b) PTH	c) ADH	d) Adrenaline			
	64- Hyperthyroidism in adu	ılts leading to		d) Exophthalmic goiter			
147	a) Cretinism	b) Gigantism	c) Mixdema	a) Exophinannie golier			
e e	65- Cortisol secreted by a) Pineal gland	b) Pituitary gland	c) Agrenai giang	d) Thyroid gland			
	triggers the changes in a boy's body which turns him from a boy to a man.			a man.			
	a) Estrogen	b) Thyroxin	c) Adrenalin	d) None of them			
	67- Insulin secreted from	b) Beta cells	c) Delta cells	d) None of them			
*	a) Alpha cells	* 10					
ią.	68 stimulates	the adrenal cortex to prod	luce its hormones.	d) Inculin			
i'	a) FSH	b) LH	c) ACTH	d) Insulin			
			J				

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69 is the final st a) Spermatogenesis_	tage by which spermatids be b) Oogenesis	c) Organogenesis	d) Spermiogenesis
70- The division of a cell occu a) Once	rs in meiosis. b) Twice	c) Three times	d) Four times
	Oral p	<u>art</u>	eren er
Choose the best singl	e correct answer	(10 marks	one mark for each)
1 2			ient
71 is the mov a) Passive transport	ement of molecules against t b) Facilitated diffusion	c) Simple diffusion	d) Active transport
72 Golgi receives newly mad a) Microtubules	le proteins and lipids from b) Cytosol	c) ER	d) Mitochondria
73- The neuron cell is made	ip of which of the following p	parts?	
a) Nucleus	b) Dendrite	c) Axon	d) All of them
74- Neurons come in which o	lifferent type(s)?		
a) Sensory	b) Motor	c) Skeletal	d) Both a and b
75- Open circulatory system a) Leeches	b) Insects	c) Arthropods	d) All the previous
76- With ventral nerve cord	****		
Vautabratas	b) Arthropods	c) Cnidaria	d) Porifera
77- Chordata characterized	by the presence of whi	ch is a long flexible, roo	I-like supporting structur
a) Nerve cord	b) Spinal cord	c) Notochord	u) i ost anai tan
78 egg has little	volk distributed uniformly t	hrough the egg cytoplas	sm.
a) Telolecithal	b) Isolecithal	c) Centrolecithal	d) None of them
79is a hollow sph a) Blastula	nere of divided cells. b) Gastrula	c) Morula	d) None of them
80- Connective tissue origina	ites from		d) None of them
a) Ectoderm	b) Endoderm	c) Mesoderm	d) None of them
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F	Drs./Gamal El-Sokkary, S	Safaa,Mona &Hanan	

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Assiut University
Faculty of Science
Zoology Department



University required All levels

Time: two hours

Second term Final Exam 2021/1022 (June 2022)

Course title: Healthy feeding. (UR013)

Answer all the following questions:
First question - Answer by V or X for these sentences: (25 Marks: ½
mark each):-
1- The third group of old food pyramid contains foods made of milk, and
cheese, a rich source of calcium and beneficial for human growth. ()
2- Starch represent the major first of stored substances in the body,
mainly in adipocytes: depot fats
3- Sensitivity of leptin has been found in obese humans. ()
4- Gastric HCL stimulates duodenal mucosa to secret gastrin hormone which
reach to the pancreas to be stimulated to secret pancreatic juice. ()
5- New pyramid associates between the food pyramid and the physical
activity of the person()
6-Ghrelin hormone inhibits insulin secretion and stimulate bone formation. ( )
7- Smoothness and softness of mucous membrane of the urinary tract,
genital tract, gastrointestinal tract in response of vitamin A deficiency()
8- Vitamin E deficiency causes anaemia which may be due to decreased
production of hemoglobin or hemolysis of RBCs (causes destruction of
cell membrane)()
9- Vitamin B12 has not an important role in the synthesis of myelin sheath
of nerves. ( )
10- Fats enter in synthesis of some hormones. Ex. sex hormones,
adrenocortical hormones (aldosterone and cortisol.) and insulin ()
11- The top of old food pyramid includes oils, butter, cream, margarine,
sugars, sweets and used in medium quantity ()
12- Both vitamins C and E is a powerful antioxidants in the body cells()
13-Pernictious anemia is failure of gastric mucosa to secret intrinsic factor
which facilitate B1 absorption. ()
14-Cones of the retina, are responsible for vision in bright and colored light
and contain a photosensitive pigment called iodopsin)}()
15-Vitamin K deficiency causes prolonged clotting time
16- Vermiform appendix lies on the right side of the human body, and has
small a role in food digestion. (1)  17- Copper is important in the transport of oxygen where it enters in the
composition of hemoglobin
18-Skin exposed to sun light and becomes dry, rough and scaly with brown
discoloration after Vitamin C deficiency (Nicotinic acid )
19- The artificial flavoring which used for giving meat flavor is carried out
by adding of acetylpropionyl (Acetoin) with plant oil
by adding of accipion opining the control of the co

20-Phosphorus deficiency leads to osteomalacia, irregular metabolism and affect on teeth growth.  21- The antioxidant additives are useful in preserving dry and frozen foods for an extended period of time.  22- Riboflavin (Vitamin B <sub>2</sub> ) deficiency leads to inflammation of angles of mouth and glossitis (inflammation of tongue).  23- Vitamin E participates in epithelial glycoprotein synthesis and this protects the mucosa of urogenital tract, respiratory tract ect
26-Snacks cause obesity due to lower energy content and greater saturated
fat() 27-Nicotine can decrease the basal metabolic rate (BMR) of men and women()
28- Obesity in children is more dangrous illness than in adult() 29- Over-eating than body requirement of energy and diminished utilization
of energy lead to obesity
32- Soluble fibers, include beans, nuts, flax seed, peas, some vegetables and fruits (act as a colloidal mixture in intestine).
33-Browning color of some vegetable and fruit food products of non enzymatic browning occurred as combination of an amino acids and
34- Vitamin A can prevent Antibrowning agents of enzymatic browning for
35- Bile juice facilitates the absorption of fat including water-soluble
vitamins (ADEK)
37- Sulphur dioxide can be used prevent this reaction but it has
destructive effect on Vit.B()
38-Oddi muscle contract at the arrival of food from the stomach to
duodenum facilitating the secretion of bile juice from gallbladder()
39. One role of nitrate as additive is to acts as antimicrobial. (Both nitrates
and nitrites have antimicrobial action)
40-Citric acid can prevent antibrowning agents of enzymatic browning for
some fruit or vegetables
41- The artificial color additive Lycopene red dye from tomatoes: provide food with red color which used as national food coloring,()

42- The decreased plasma protein leads to leakage	of water from blood to
different tissues (called edema disease).	( )
43- Addition of monosodium glutamate, and brothy	
and giving butter flavor	( )
and giving butter flavor44- One of role of nutritional additives to enhance	the overall nutritive value
of the food	
45- Fats enter structural components of the cells su	
cell membranes.	
46-Saliva secreted by four pairs of salivary glands	at a rate of one liter
per day.	
47- Chromoprotein is a conjugated protein that cont	
prosthetic group such as respiratory pigmentor hemo	
48- All enzymes like: pepsin and some hormones like	
(epinephrine and nor-epinephrine), thyroxine and pa	
derived proteins.	
49-Simple proteins include albumin globulin, collagen a	
50-Excess of vitamin D leads to the deposition of co	
tissues such as kidney and ureter stones	
Second question MCQ: Choose the appro	
B,C or D. (25 Marks: one mark each):-	
51-The bile juice contains:-	ob, i of passage, book
-A: Lipase enzyme.	
-B:No enzymes are found in spite of its role in fat	digestion.
-C: Amylase enzyme.	A SAME LANGE OF THE SAME
-C: Amylase enzyme.  -D: Not the above.	
52- Complete digestion of milk protein casein in child	
is carried out by:	
-A:Gastric pepsin enzyme in stomach.	
-B:Rennin enzyme in stomach.	
-C: Trypsin enzyme in small intestine.	
-D: The above A & C.	· · · · · · · · · · · · · · · · · · ·
53- Function of rennin enzyme of stomach juice is:	i di ali
-A: Coagulate and digestion of milk in stomach of chi	ldren and young animals.
-B: Enzyme has ability to coagulate milk in stomach	
animals.	
-C: Digestion of milk in stomach of children and your	ng animals.
-D: All the above except A.	
54- Natural coloring agents (food dyes) such as:	
A: Quinoline Yellow, Caramelized sugar	
R: Vanilla extract	and the second s
C:Lycopene.	and the second of the second o
D: All the above except A.	
55. The langest length part of small intestine is:	4 4

-A: Jejúnum

-B:Ilium

-C: Duodenum

-D: All are the same length.

56- Examples of Nutritional Additives include: -

A: Amino acids to cereals to enhance protein quality.

B: Sodium nitrite to increase nutritional value.

C: Fiber additives increase in consumer dietary fiber.

D: All the above except B.

57- Examples of compound proteins are:-

-A: Phosphoprotein such as casein.

-B Some hormones like insulin.

-C: Albumin Globulin, Collagen and cholesterol.

-D: All the above except C.

58-The smallest group (servings) in the old food pyramid in size and weight

Control of physicians and the Co

desperation of the content constitutions

is:

A: Vegetables and fruits

B:Bread, cereals, rice and pasta

C:Butter, cream, margarine, sugars, sweets

D: Meat, birds, fish,

59- Advantages of additives include:-

A:Provide smaller variety of foods.

B:To rapid growth of microorganisms.

C: Can increase the safety.

D: All the above except B.

60- Function of nutritional additives:-

A: To restore nutrients lost in processing.

B:To enhance the overall nutritive value of the food.

C: To change the colour of the food product.

D: All the above except C.

61- Function Ghrelin hormone:-

A: Increase bone formation

B:Increse gastric motility and growth hormone secretion.

C: Increase growth hormone secretion.

D: All the above.

62-Preservatives are additives such as:-

A: Antioxidants, Antibrowning agents and antimicrobials.

B: Sweeteners,

C:Coloring agent.

D: All the above except C.

63- Simple lipids are esters of fatty acids with fatty alcohol, such as:

-A: Globulin and oils

-B: :Oils, and butter

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- -C: Wax of honey bees
- -D: B & C.
- 64- Fruits and vegetables are beneficial for human growth are found in the old food pyramid in :-
- A: The second group.
- B: The third group.
- C: the fourth group.
- D: The fifth group.
- 65- Taking of excess of certain vitamins in food may increase the probability of clot formation particularly in blood-disease patient and example of this vitamin is:-
- -A: Vitamin K
- -B: Vitamin C.
- -C: Vitamin D
- -D: Not the above.
- 66- Causes of Deficiency of vitamin B12 can resulted from:-
- -A: Gastric diseases or Liver cirrhosis or Inflammation of intestine.
- -B:Scurvy.
- -C: Sterility.
- -D: All the above.
- 67-The main functions of dietary lipids include: -
- -A: The second source of energy (25% of body needs).
- -B: Act as thermal insulator and synthesis of some hormones.
- -C: The sources of some enzymes and hormones.
- -D: All the above except C.
- 68- Accumulation of pyruvic acid in blood can occur due to:
- -A: Vitamin E deficiency.
- -B: Vitamin A deficiency.
- -C: Vitamin B1 deficiency.
- -D: All the above.
- 69- Some groups of the food pyramid group can be replaced by another group and eaten without leaving a harmful effect, such as:
- A: Vegetables and fruits.
- B:Bread, cereals, rice and pasta.
- C:Butter, cream, margarine, sugars, sweets.
- D: Not all the above.
- 70- One type of the dietary fibers is the insoluble fibers such as:
- A: Cellulose, lignin.
- B:Wheat bran
- C: Flax seed and peas.
- D: All the above except C.

- 71- Skeletal muscles are unable to release glucose into blood, because muscles lack of:-
- -A: Lipase enzyme.
- -B : Glucose-6-phosphatse enzyme
- -C: Amylase enzyme.
- -D: Maltase enzyme.
- 72- Leptin hormone: -
- A: Control of food consumption.
- B: Decrease energy expenditure.
- C: Increses body weight.
- D: All the above except C.
- 73- There are factors affecting basal metabolic rate BMR such as:-
- A: Diet Severe calorie restriction reducing BMR.
- B:Increased body temperature will elevate basal metabolic rate.
- C:Food type carbohydrates increase BMR.
- D: All the above except C.
- 74- Snacks cause obesity due to:-
- A: Its lower energy content.
- B:Its high contents of complex carbohydrates and fibers.
- C:Its greater saturated fat and low fibers
- D: All the above except A.
- 75- Edema disease can be induced in the case of a decrease of:-
- -A: Plasma fats.
- -B: plasma protein
- -C: RBCS.
- -D: All the above except C.

With my best wishes and great success,
Professor Dr. Mohamed Bassam Al-Salahy Elbradei