



Psychiatric Nursing Department

**Model answer Quiz no 2 (B) of Psychiatric Nursing
Fourth year**

Date: 11/12/2021

Time: 20 minutes

Part I, Multiple choice questions: : (5marks one for each question)

Which of the following will Nurse Dory use when communicating with a client who has cognitive impairment?

- A. Complete explanations with multiple details.
- B. Pictures or gestures instead of words.
- C. Stimulating words and phrases to capture the client's attention.
- D. Short words and simple sentences.

While assessing an out-patient with a panic disorder, the nurse completes a thorough health history and physical exam. Which of the following is MOST significant for this client?

A. Compulsive behavior

B. Sense of impending doom

C. Fear of flying

D. Predictable episodes

A client is admitted to a medical nursing unit with a diagnosis of acute blindness after being involved in a hit-and-run accident. When diagnostic testing cannot identify any organic reason why this client cannot see, a mental health consult is prescribed. Which condition will be the focus of this consult?

- A. Psychosis
- B. Repression
- C. Conversion disorder
- D. Dissociative disorder

A 25years old patient admitted with a diagnosis of delusions of grandeur. Which types of diagnosis reflects a belief that one is indicate?.

- A. Highly important or famous.
- B. Being persecuted.
- C. Connected to events unrelated to oneself.
- D. Responsible for the evil in the world.

Which of the following are neurochemical influences associated with mania?

A- Thyroxin

B- Serotonin and nor epinephrine

- C- Adrenaline
- D- Acetylcholine

Which of the following important nursing intervention to reduce patient's hyperactivity?

- A-Provide a reality-oriented focus.
- B-Provide recognition and positive reinforcement
- C-Provide tranquilizer medication
- D. **Maintain low level of stimuli in the environment**

The severe feeling of restlessness produced by some psychotropic medications, which is often misinterpreted by patients as anxiety or a recurrence of psychiatric symptoms, is known as:

- Akathisia.**
- Akinesia.
- Bradykinesia.
- Dystonia.

A woman comes into the emergency department in a severe state of anxiety following a car accident. The most important nursing intervention is to:

- A. Put the client in a quiet room.
- B. Remain with the client.**
- C. Teach the client deep breathing.
- D. Encourage the client to talk about her .

Recurrent, intrusive, senseless ideas, thoughts, and images that are ego-dystonic and involuntary are termed as

- A. Hypochondreasis
- B. Obsessions**
- C. Compulsions
- D. Illusion

The nurse is caring for a severely depressed client who has just been admitted to the in-client psychiatric unit. Which of the following is a PRIORITY of care?

- A. Nutrition
- B. Elimination
- C. Rest
- D. Safety**

Part II:- Read the following statements and put a circle around the letter (T) if the statement is right and around (F) if the statement is wrong: (5marks one for each question)

Social anxiety disorder (Social phobia) is characterized by a persistent fear appearing shameful, stupid or inept in the presence of others

A B

Visual hallucinations are the most common hallucinations observed in schizophrenic patients.

A B

Labile mood change quickly to hostility in manic patient in response to limit setting

A B

Nurse must not limit the amount of time allowed to discuss somatic symptoms with client.

A B

Loss during childhood is a predisposing factor for adult depression.

A B

A stimulating environment is a source of confusion and anxiety for a client with dementia and, therefore, would be included in the plan of care.

A B

Low potency antipsychotic are characterized by low sedation, low anticholinergic side effect.

A B

Tardive Dyskinesia is manifested by restlessness; pacing, rocking and foot tapping are common.

A B

Obsessions are thoughts that are unwanted and known to be incorrect.

A B

Conversion is characterized by the persistent belief that one has a serious medical condition despite lack of evidence to prove this.

A B

The End

Good Luck

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