



Psychiatric Nursing Department

## Model answer Quiz no 2 (B) of Psychiatric Nursing Fourth year

**Date: 11/12/2021**

**Time: 20 minutes**

### **Part I, Multiple choice questions: : (5marks one for each question)**

**Which of the following will Nurse Dory use when communicating with a client who has cognitive impairment?**

- A. Complete explanations with multiple details.
- B. Pictures or gestures instead of words.
- C. Stimulating words and phrases to capture the client's attention.
- D. Short words and simple sentences.**

**While assessing an out-patient with a panic disorder, the nurse completes a thorough health history and physical exam. Which of the following is MOST significant for this client?**

A. Compulsive behavior

#### **B. Sense of impending doom**

- C. Fear of flying
- D. Predictable episodes

**A client is admitted to a medical nursing unit with a diagnosis of acute blindness after being involved in a hit-and-run accident. When diagnostic testing cannot identify any organic reason why this client cannot see, a mental health consult is prescribed. Which condition will be the focus of this consult?**

- A. Psychosis
- B. Repression
- C. Conversion disorder**
- D. Dissociative disorder

**A 25years old patient admitted with a diagnosis of delusions of grandeur. Which types of diagnosis reflects a belief that one is indicate?.**

- A. Highly important or famous.**
- B. Being persecuted.
- C. Connected to events unrelated to oneself.
- D. Responsible for the evil in the world.

**Which of the following are neurochemical influences associated with mania?**

- A- Thyroxin
- B- Serotonin and nor epinephrine**

- C- Adrenaline
- D- Acetylcholine

**Which of the following important nursing intervention to reduce patient's hyperactivity?**

- A-Provide a reality-oriented focus.
- B-Provide recognition and positive reinforcement
- C-Provide tranquilizer medication
- D. Maintain low level of stimuli in the environment**

**The severe feeling of restlessness produced by some psychotropic medications, which is often misinterpreted by patients as anxiety or a recurrence of psychiatric symptoms, is known as:**

**Akathisia.**

- Akinesia.
- Bradykinesia.
- Dystonia.

**A woman comes into the emergency department in a severe state of anxiety following a car accident. The most important nursing intervention is to:**

- A. Put the client in a quiet room.
- B. Remain with the client.**
- C. Teach the client deep breathing.
- D. Encourage the client to talk about her .

**Recurrent, intrusive, senseless ideas, thoughts, and images that are ego-dystonic and involuntary are termed as**

- A. Hypochondreasis
- B. Obsessions**
- C. Compulsions
- D. Illusion

**The nurse is caring for a severely depressed client who has just been admitted to the in-client psychiatric unit. Which of the following is a PRIORITY of care?**

- A. Nutrition
- B. Elimination
- C. Rest
- D. Safety**

**Part II:- Read the following statements and put a circle around the letter (T) if the statement is right and around (F) if the statement is wrong: (5marks one for each question)**

Social anxiety disorder (Social phobia) is characterized by a persistent fear appearing shameful, stupid or inept in the presence of others

A                    B

Visual hallucinations are the most common hallucinations observed in schizophrenic patients.            A                    B

Labile mood change quickly to hostility in manic patient in response to limit setting

A                    B

**Nurse must not limit the amount of time allowed to discuss somatic symptoms with client.**

A                    B

**Loss during childhood is a predisposing factor for adult depression.**

A                    B

**A stimulating environment is a source of confusion and anxiety for a client with dementia and, therefore, would be included in the plan of care.**

A                    B

**Low potency antipsychotic are characterized by low sedation, low anticholinergic side effect.**

A                    B

**Tardive Dyskinesia is manifested by restlessness; pacing, rocking and foot tapping are common.**

A                    B

**Obsessions are thoughts that are unwanted and known to be incorrect.**

A                    B

**Conversion is characterized by the persistent belief that one has a serious medical condition despite lack of evidence to prove this.**

A                    B

*The End*

*Good Luck*

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