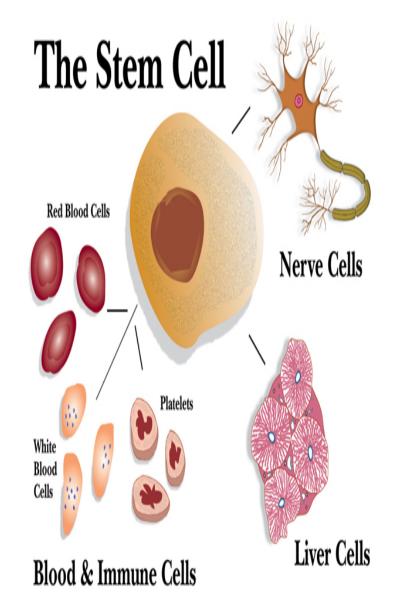
Stem Cells and their Applications

by

Prof. Khaled Radad Prof. Wolf-Dieter Rausch

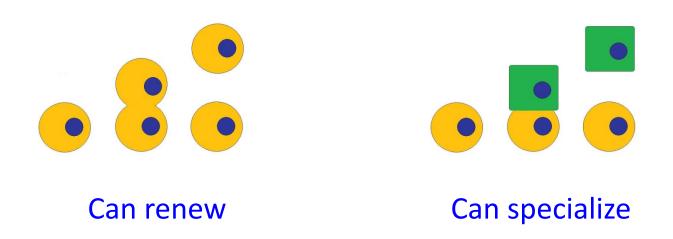
Vienna Assiut

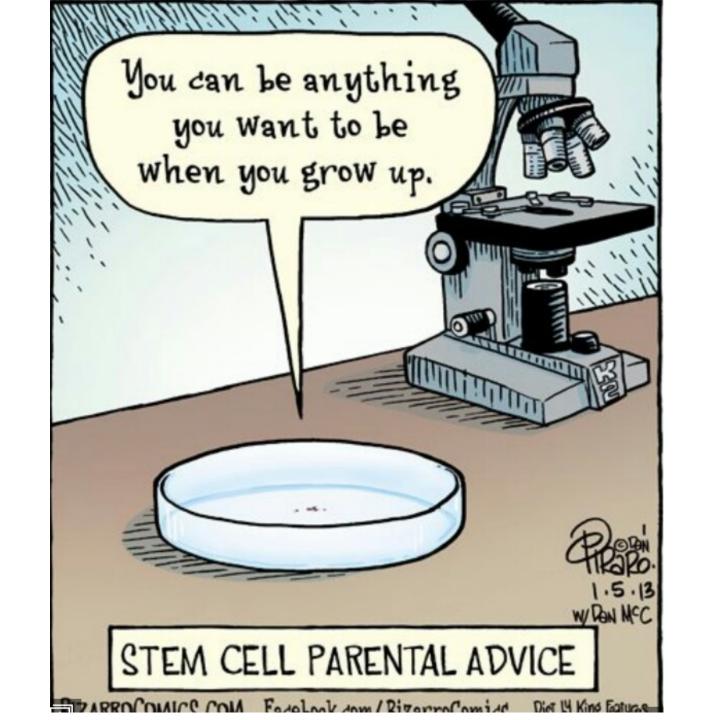


• What are the stem cells?

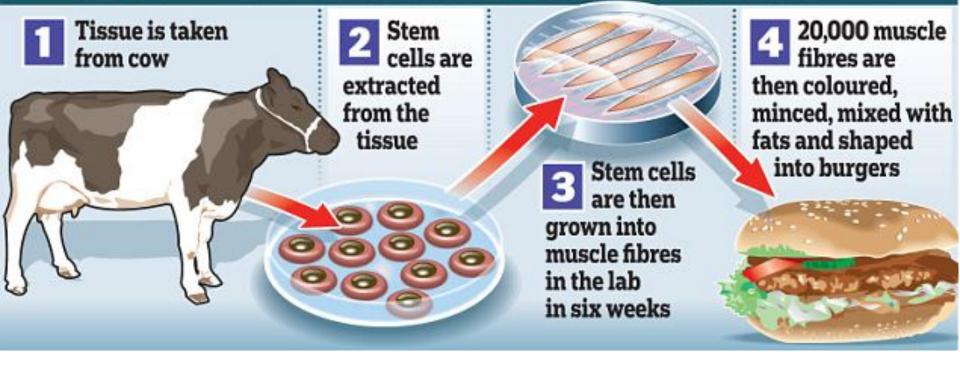
Stem cells are class of **undifferentiated** cells that have the potential to differentiate into any type of cell in the body.

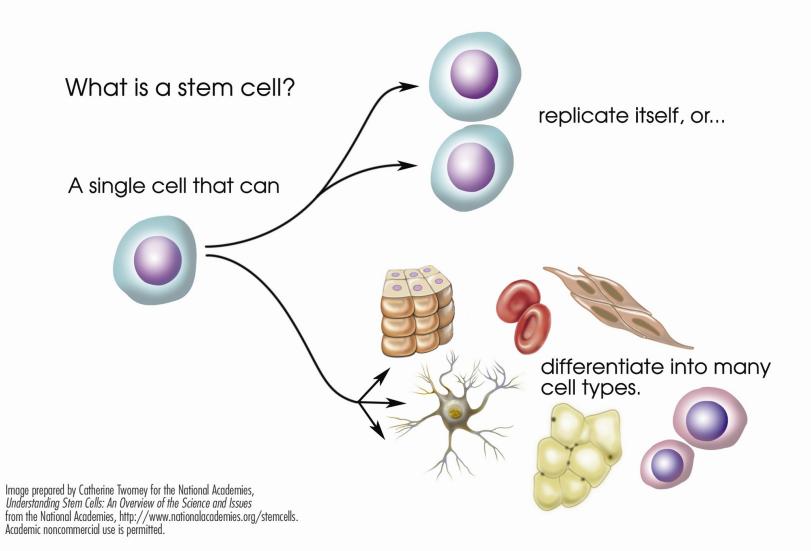
Unique characters of stem cells:



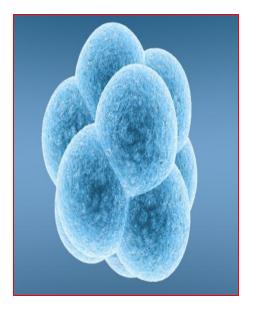


HOW THE BURGERS ARE GROWN





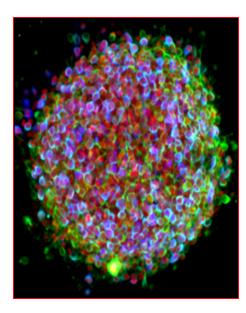
• Types of stem cells:



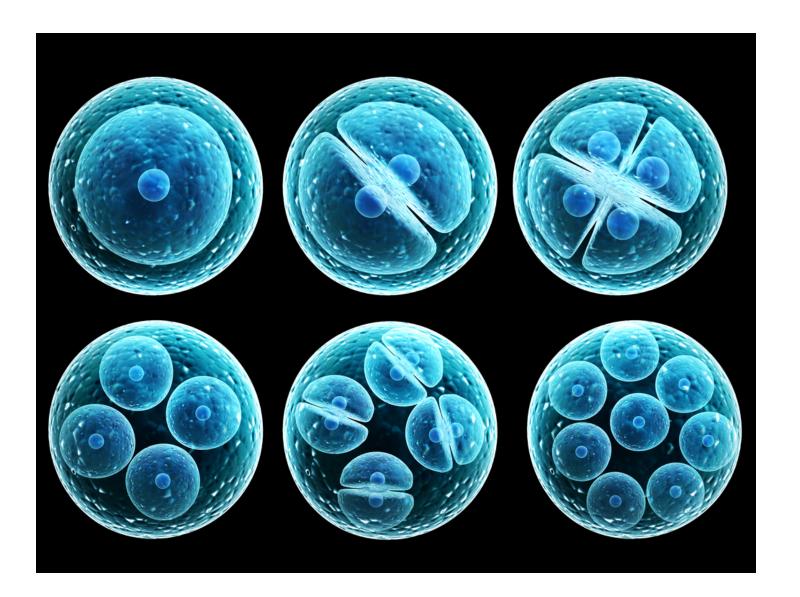
Embryonic stem (ES) cells



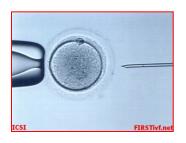
Adult stem cells



Induced pluripotent stem cell (iPSCs)



1. Embryonic stem cells

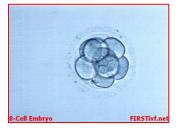


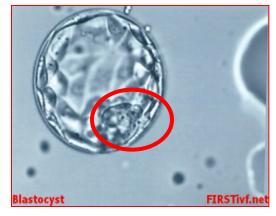


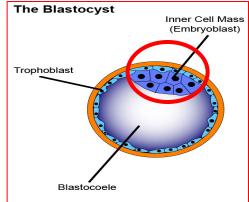












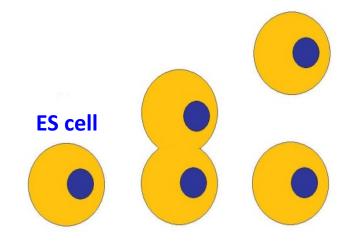
Derived from the inner cell mass of an in vitro blastocyst-stage embryos after the consent of the donor.

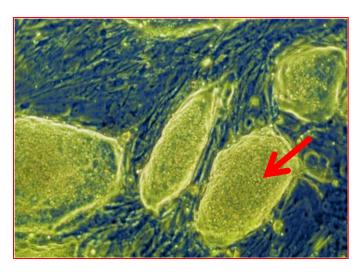
To create an embryonic stem cell line, the inner cell-mass is removed from the blastocyst, separated from the <u>trophoectoderm</u>, and cultured on a layer of supportive cells in vitro. In the derivation of human embryonic stem cell lines, embryos left over from <u>in vitro fertilization</u> (IVF) procedures are used.

This controversy stems from the fact that derivation of human embryonic stem cells requires the destruction of a blastocyststage, pre-implantation human embryo.

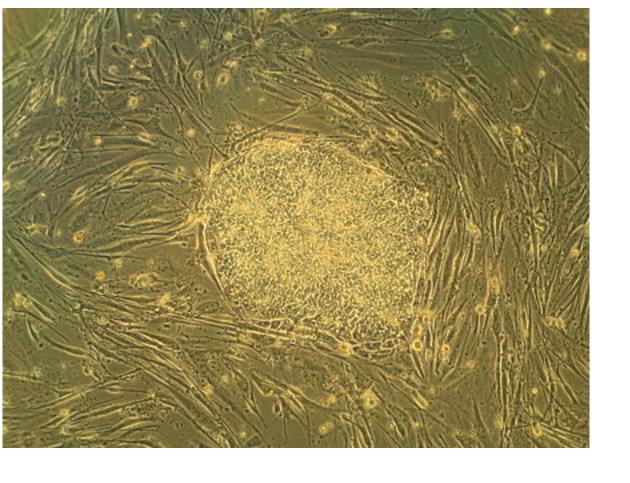
Maintenance of ES cells:

- By co-culturing of ES cells with mouse embryonic feeder cells.
- Leukemia inhibitory factor (LIF)
 plays a pivotal role in the
 maintenance of ES cells.
- In the presence of FCS, LIF can replace the function of feeder cells.
- In the presence of LIF, BMP4 can replace the requirement for serum.



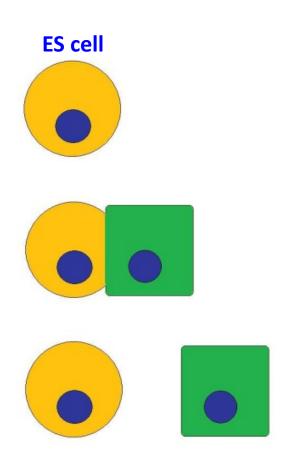


Mouse embryonic stem cells



• Differentiation:

Deprivation of the factors that maintain ES cells as stem cells make these cells differentiate and under appropriate conditions, generate progeny consisting of derivatives of the three embryonic germ layers: mesoderm, endoderm and ectoderm.



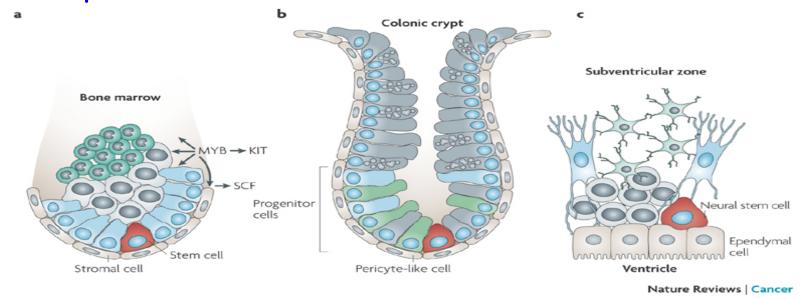
Embryonic stem cell research

 contributes significantly to the scientific understanding of adult stem cells; knowledge that is now being used to research new medical treatments utilizing harvested adult stem cells.

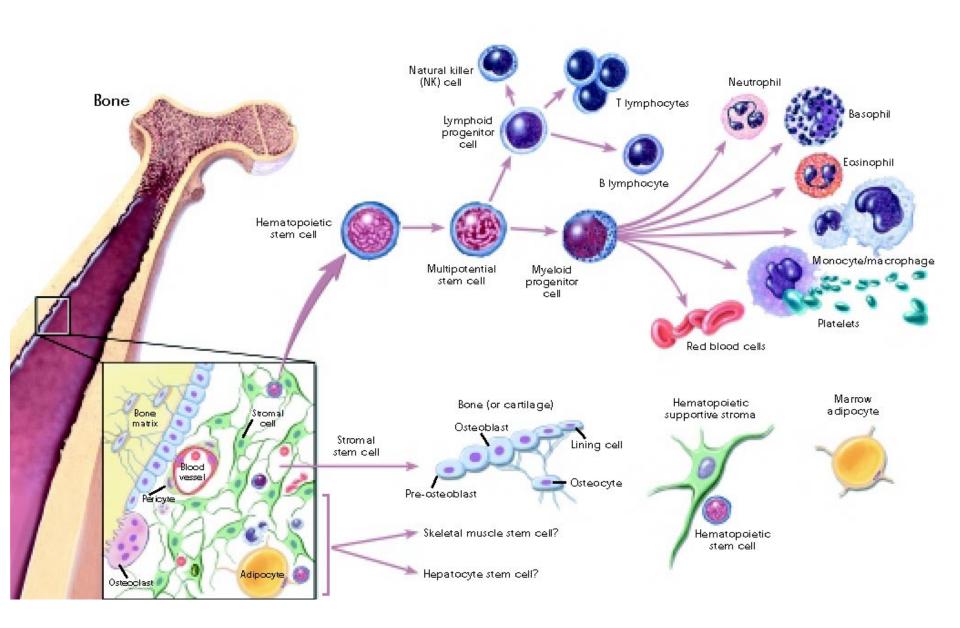
An important factor in adult stem cell medical treatments is the value of using the patient's own stem cells in order to create the most effective medical treatments that will not be rejected by the body's immune system. New treatments using adult stem cells, such as those found in teeth and bone marrow, are the focus of countless medical research studies around the world.

2. Adult Stem Cells

 Undifferentiated cells found among differentiated cells in many organs including brain, bone marrow, peripheral blood, blood vessels, skeletal muscle, skin, teeth, liver, ovarian epithelium and testes.



 Adult stem cells reside in a specific area of each tissue called "stem cell niche".



Stem Cells in Teeth

The tooth is nature's 'safe' for your family's unique stem cells

While stem cells can be found in most tissues of the body, they are usually buried deep, are few in number and are similar in appearance to surrounding cells. With the discovery of stem cells in teeth, an accessible and available source of stem cells has been identified.

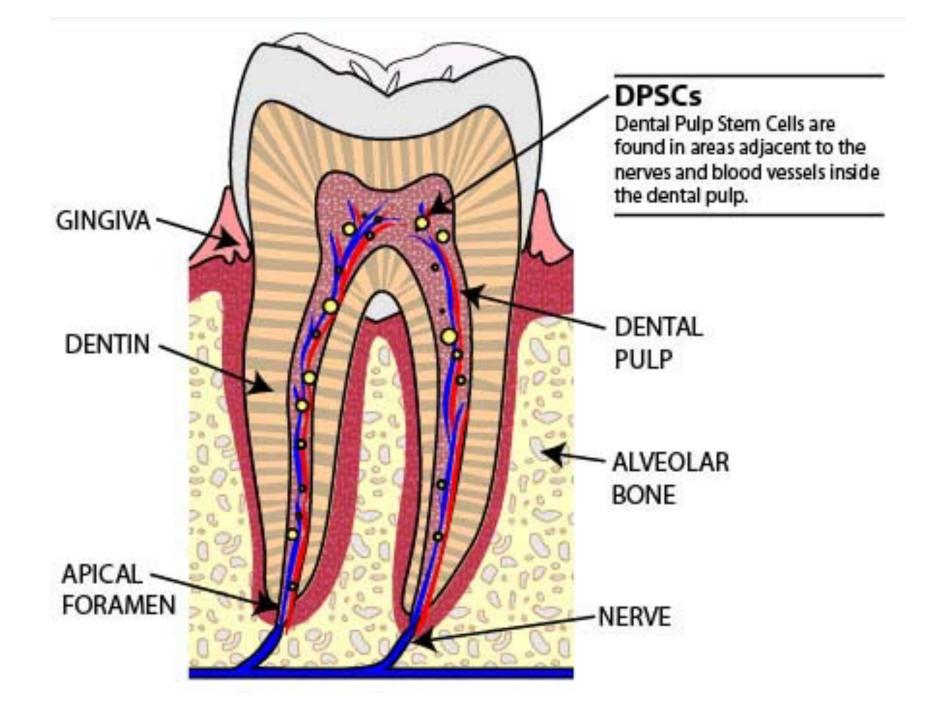
The tooth is nature's "safe" for these valuable stem cells, and there is an abundance of these cells in baby teeth, wisdom teeth and permanent teeth - <u>Tooth Eligibility Criteria</u>.

• The stem cells contained within teeth are capable of replicating themselves and can be readily recovered at the time of a planned dental procedure.

Living stem cells found within extracted teeth were routinely discarded every day, but now, with the knowledge from recent medical research, StemSave gives you the opportunity to save these cells for future use in developing medical treatments for your family.

- Aside from being the most convenient stem cells to access, dental stem cells have significant medical benefits in
 the development of new medical therapies. Using one's own stem cells for medical treatment means a much
 lower risk of rejection by the body and decreases the need for powerful drugs that weaken the immune system,
 both of which are negative but typical realities that come into play when tissues or cells from a donor are used to
 treat patients.
- Further, the stem cells from teeth have been observed in research studies to be among the most powerful stem cells in the human body. Stem cells from teeth replicate at a faster rate and for a longer period of time than do stem cells harvested from other tissues of the body.
- Stem cells in the human body age over time and their regenerative abilities slow down later in life. The earlier in life that your family's stem cells are secured, the more valuable they will be when they are needed most.

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Dental Pulp Stem Cells DPSCs

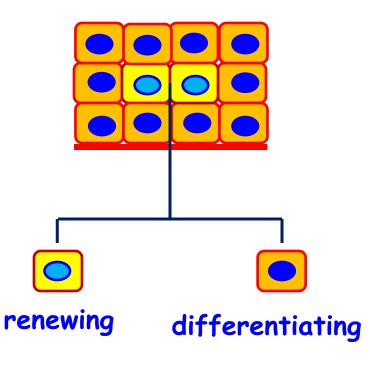
- They differentiate into various tissue types such as:
- adipocytes, chondrocytes, osteoblasts, neural progenitors, and odontoblasts.
- Extracting stem cells from the pulp is an easy way to obtain them.

 They exhibit excellent ex vivo expansion rate and stable transplantation potential.

PULP

•

- Adult stem cells renew themselves and differentiate to yield some or all of the specialized cell types of the tissue where they are reside.
- The primary role of adult stem cells in a living organism is to maintain and repair the tissues where they are found.



Why would they are promising in regard to the brain and heart?

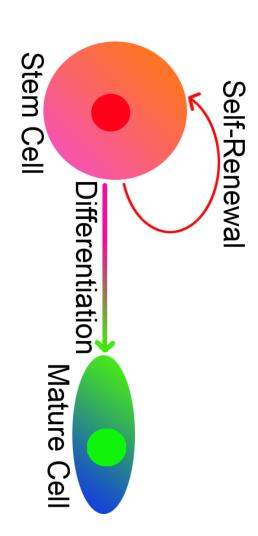
• Differentiation of adult stem cells:

1. Normal differentiation:

Adult stem cells divide when needed and give rise to mature cell types.

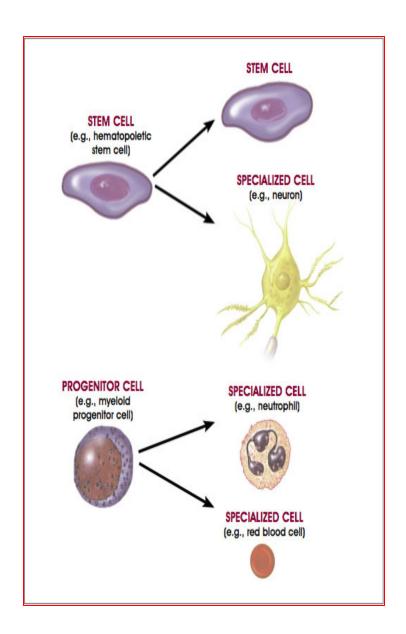
For example:

- Hematopoietic stem cells give rise to blood cells.
- Mesenchymal stem cells present in many tissue can give rise to bone cells, cartilage cells and fat cells.



2- Transdifferentiation:

- Differentiation of adult stem
 cells into other cell types e.g.
 differentiation of blood-forming
 cells into cardiac muscle ... etc.
- Patient's own adult stem cells would escape immune system
 surveillance.



3- Induced pluripotent stem cells (iPSCs)

Programming of somatic cells to become embryonic stem cells through the introduction of embryonic genes.

Why using iPSCs is advantageous over both

differentiated embryonic and adult stem cells?

As the donor and recipient of the iPSCs can be the same

individual, the chance of compatibility increases.

General applications of stem cells

1- <u>Studying cell differentiation and maturation, and tissue development:</u>

This help us to better understand how birth defects develop and how to prevent them.

2- In vitro modelling of different diseases:

Stem cells provide an ideal in vitro system to study underlying mechanisms that mediate different diseases at the molecular and cellular levels.

3- <u>Drug testing and reproductive</u> toxicology:

Stem cells can used as biologically relevant models for the evaluating different toxic compounds.

4- Drug and growth factor discovery:

Stem cell models offer new opportunities to improve the manner in which pharmaceutical companies identify lead candidates and brings new drugs to the market.

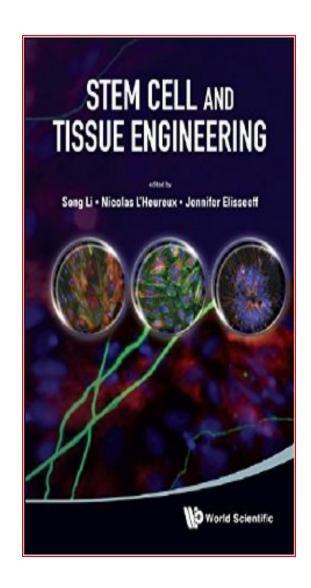


5- <u>Tissue engineering</u>:

Most <u>current strategies</u> for tissue engineering depend upon:

i. Using autologous cells from the diseased organ of the host. Tissue biopsy may not yield enough normal cells for expansion and transplantation particularly in patients with end-stage organ failure.

ii- Using pluripotent embryonic stem cells as an alternative source of cells from which, the desired tissue can be derived.



6- Cell-based therapies:

- The most successful example in this context is using hematopoietic stem
 cells from the bone marrow to treat
 leukemia.
- Other applications include cell therapy for spinal cord injury, heart diseases, rheumatoid arthritis and type I diabetes.

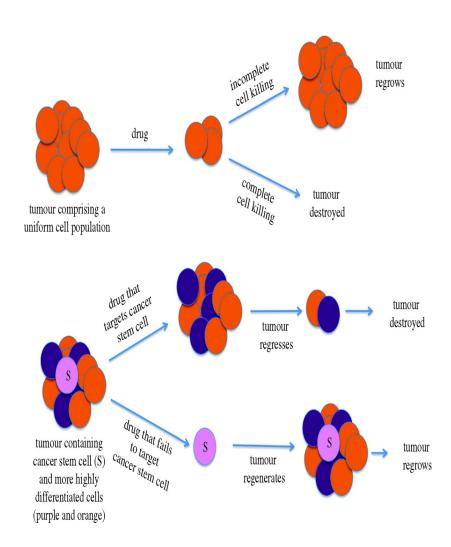


7- Cancer therapy:

Killing tumor stem cells

give a chance for tumor

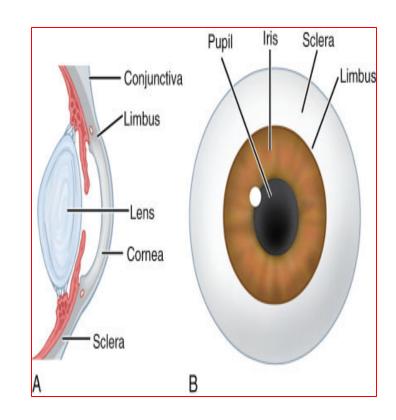
regression.



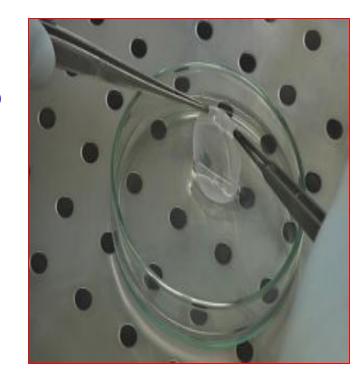
Using a limbal stem cell to repair injured cornea

- Limbal stem cells are found in the limbus, the area located at the border between cornea and sclera.
- Limbic stem cells usually heal
 damage to the corneal epithelium,

the outer corneal layer.

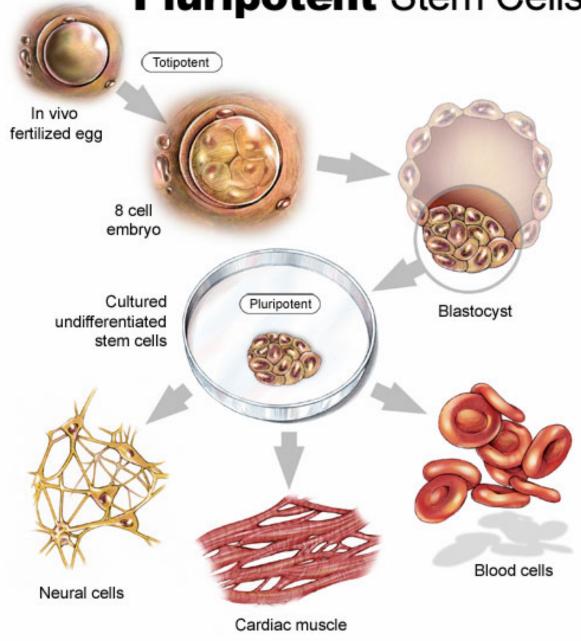


- Limbal stem cell deficiency as the result of physical or chemical burns to the eye can cause blindness due to corneal destruction and loss of the healing process.
- The therapy works by taking a tiny portion of the undamaged limbus and growing it in a laboratory using cell culture techniques.

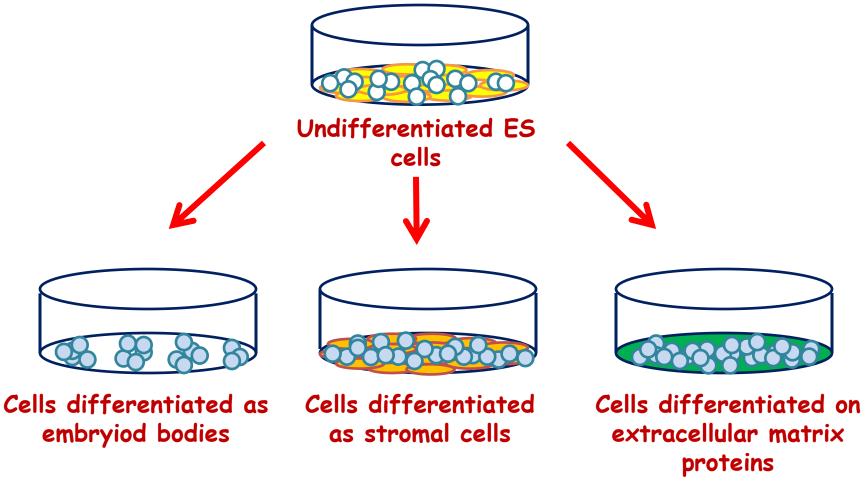


This produces a sheet of cornea that can then be transplanted back onto the eye retoring sight in the absence of deep corneal stromal damage.

Pluripotent Stem Cells



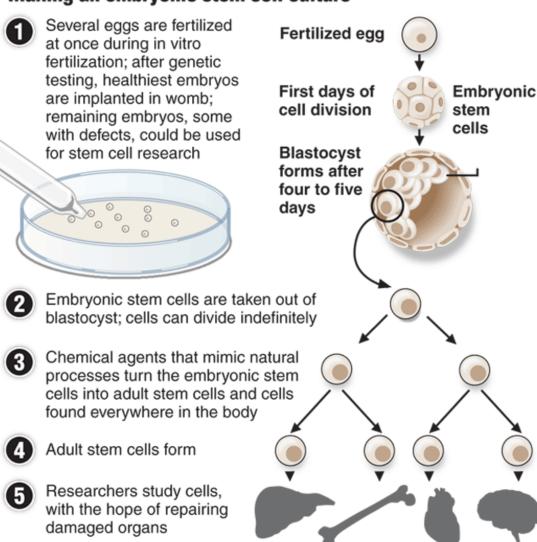
• Three approaches for ES cells differentiation:



Stem Cell Cultures

Researchers say embryonic stem cells could unlock secrets of disease and lead to cures for illnesses such as Alzheimer's and diabetes.

Making an embryonic stem cell culture

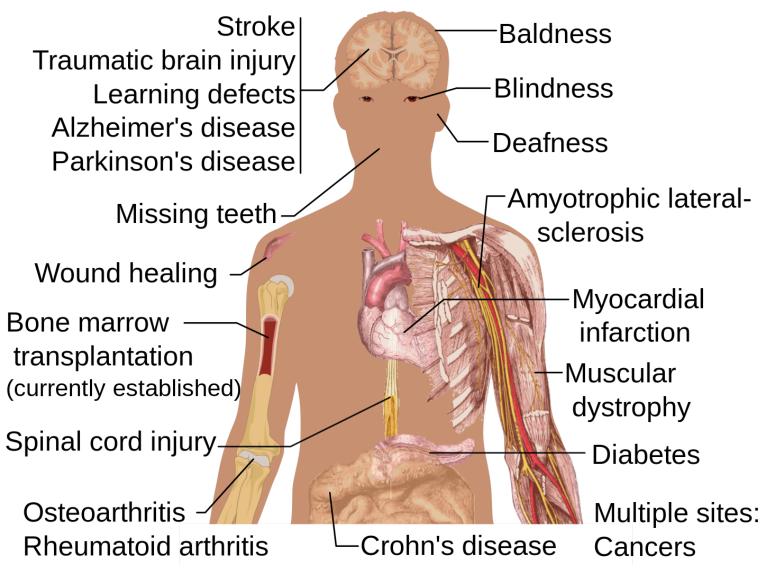


Source: University of Michigan

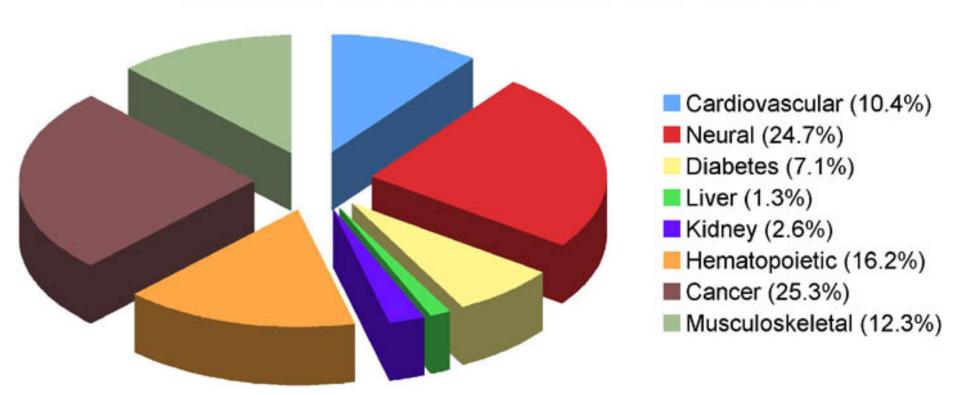
Graphic: Detroit Free Press

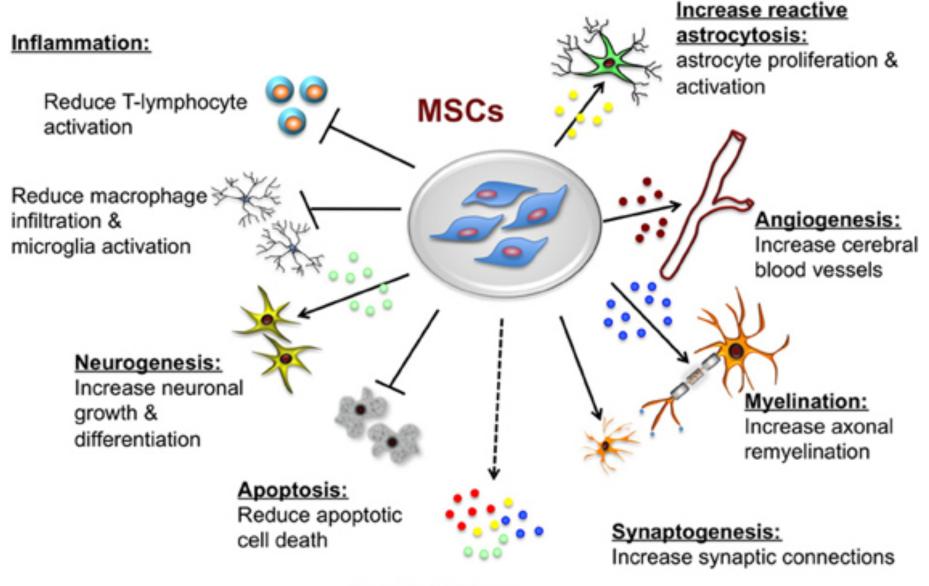
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Potential uses of **Stem cells**



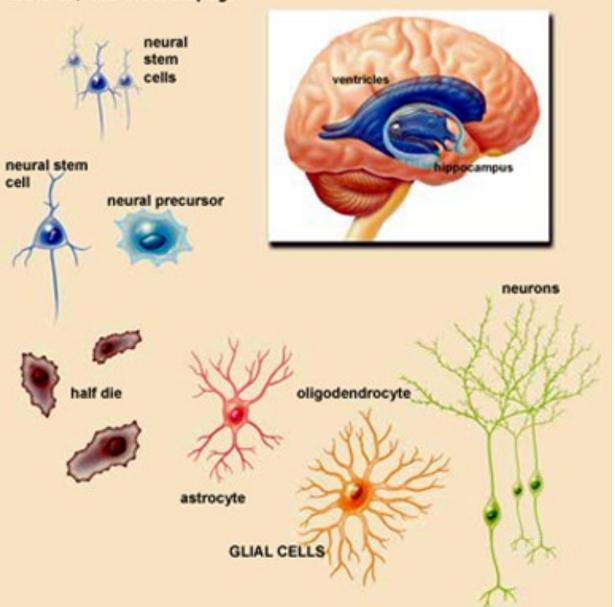
Disease Focus of NYS Stem Cell Research



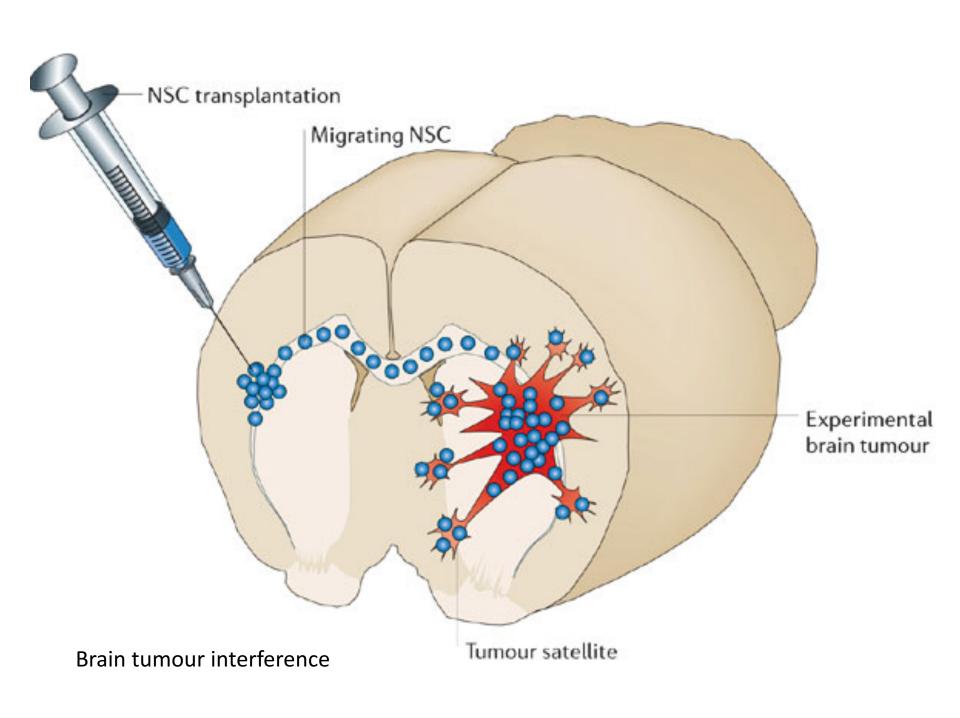


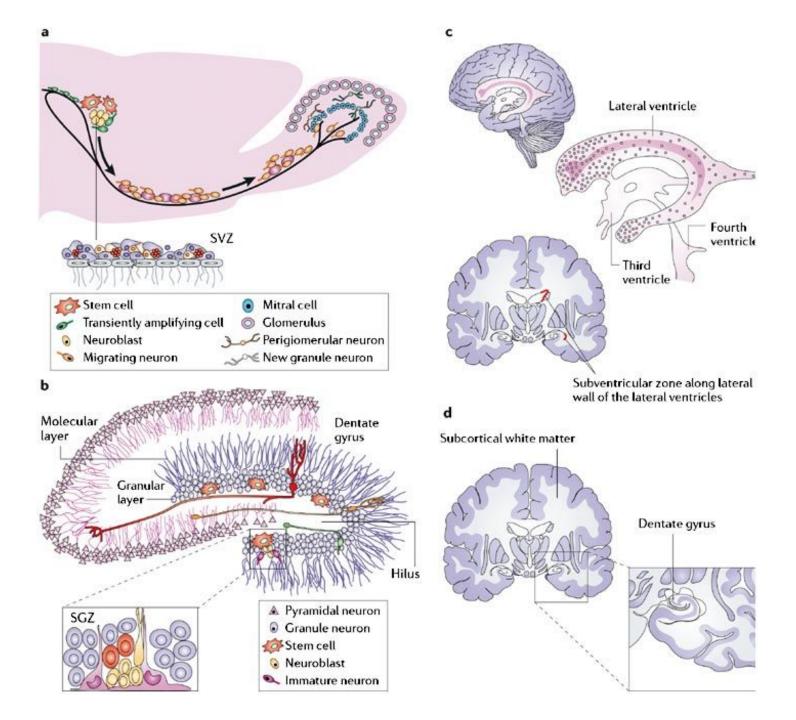
Trophic Factors:

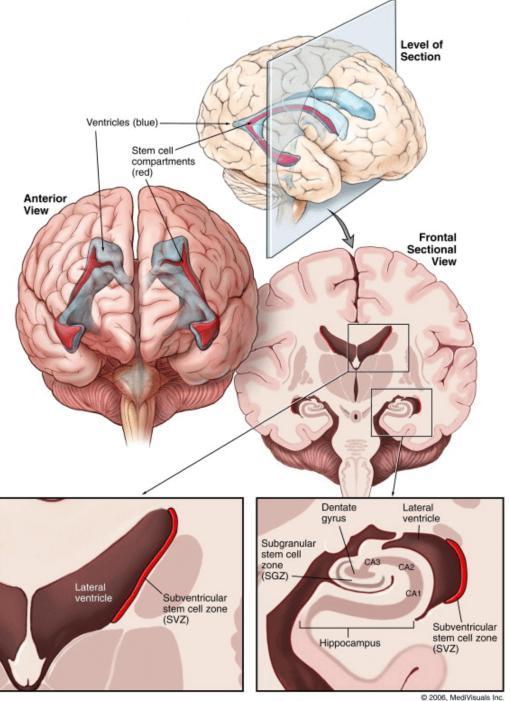
Secretion of neurotrophic & angiogenic factors Neural stem cells arise in the ventricles (dark blue) & the hippocmapus (light blue). They give rise to other stem cells & neural precursors, that give rise to neurons or glial support cells as astrocytes & oligodendrocytes. The stem cell must migrate to differentiate & only 50% do, the others dying.



 Neural stem cells from the central nervous system give rise to neurons and the myelinproducing and support cells, oligodendrocytes and astrocytes,

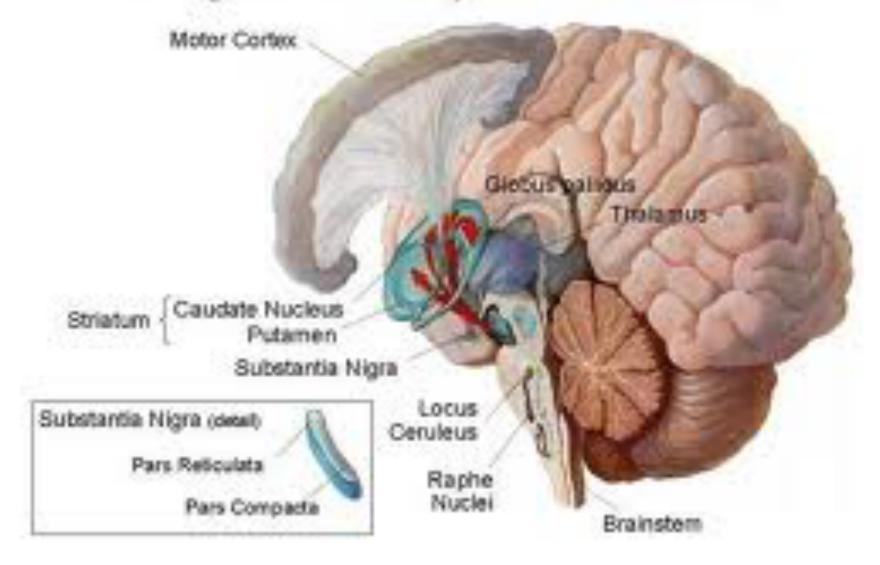




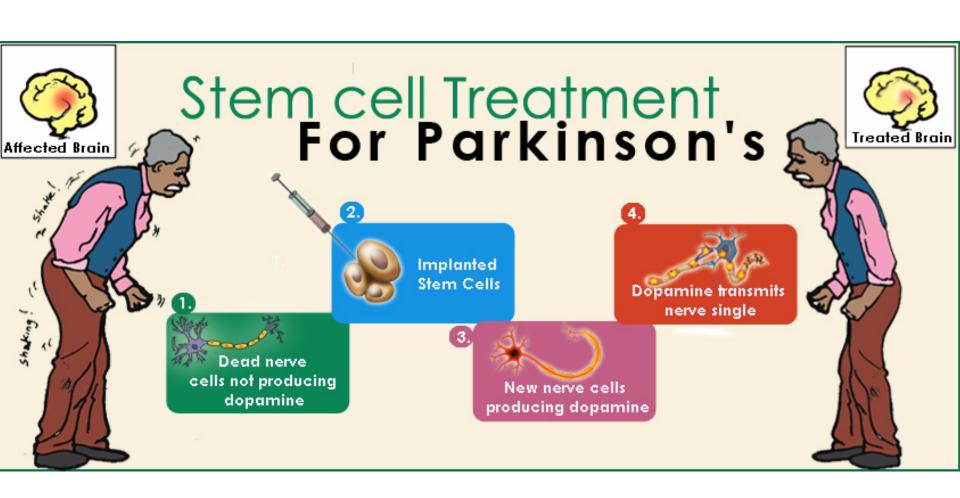


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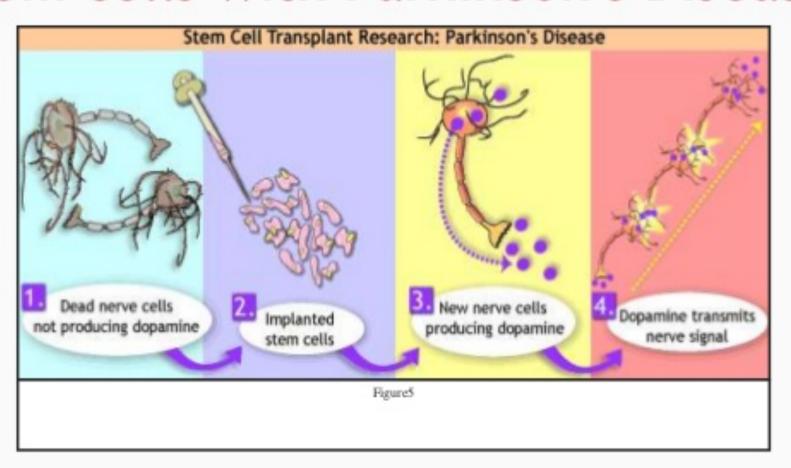
Brain Regions Affected by Parkinson's Disease



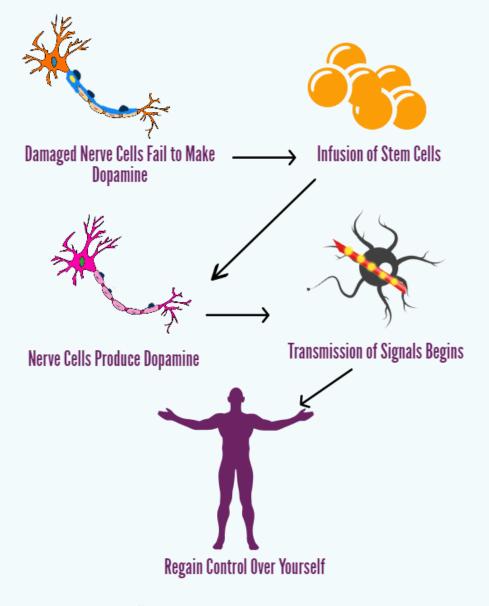
Parkimson's disease



Stem cells with Parkinson's Disease



How Stem Cells Help in Parkinson's



Dealing with deadly degeneration

No specific cause pinned down for Parkinson's yet, but doctors list factors responsible and how the disease can be managed

Parkinson's Disease, which afflicts about 1 lakh people in India, is usually detected in those aged above 50. But, at times, it can affect young adults too

Genetic and environmental factors are believed to contribute to degeneration of brain cells that maintain body movements. There is no particular test to detect the disease, with only physical symptoms helping doctors in making

the diagnosis



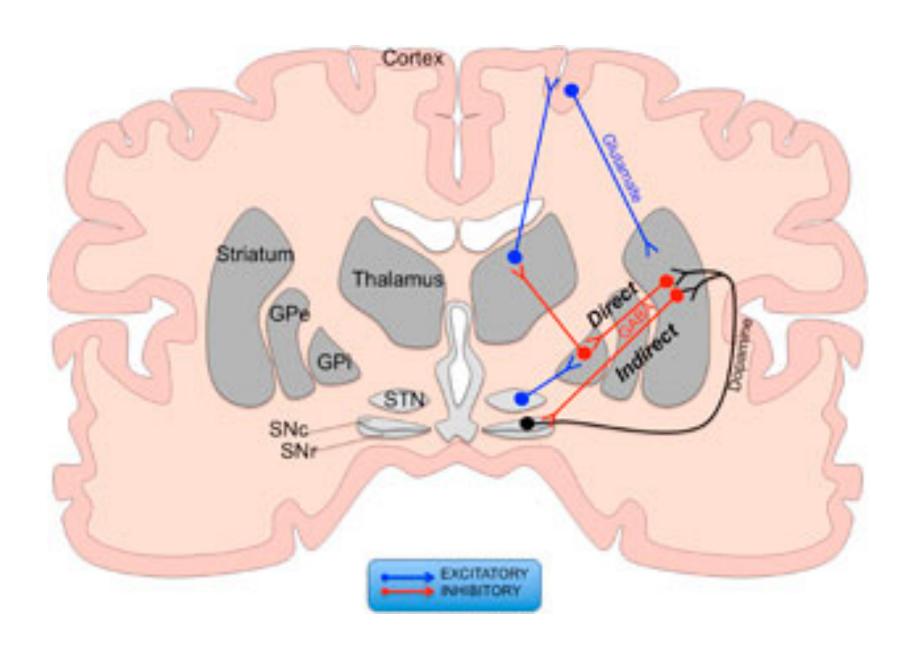
Manage the disease with

Physical and speech therapy, stretching, strength and balance training to improve gait

Specific voice training to treat voice- and speechrelated disorders

High-fibre diet in cases of constipation

Walking and yoga



Dealing with deadly degeneration

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One can call on 0124-4855055 and members of support group Swavlamban will provide guidance on how to identify symptoms and go about getting diagnosed and seeking treatment

Parkinson's Disease and Movement Disorder Society, which can be reached at 9987216057 or www. parkinsonssocietyindia.com also provides help in dealing with the disease

Symptoms

Being slow while doing daily activities; shaking of lips, hands, arms and legs

Slurred speech, slowness in thinking/answering questions

Rigidity, like feet getting stuck, and inability to walk

Trouble balancing, tremors, uncontrolled body movements and lack of coordination

In some cases, loss of sense of smell and depression



Physical and speech therapy, stretching, strength and balance training to improve gait

Specific voice training to treat voice- and speechrelated disorders

High-fibre diet in cases of constipation

Walking and yoga

Deep brain stimulation surgery or brain pacemaker for chronic cases

Keeping stress levels low (stress is known to worsen the disease)

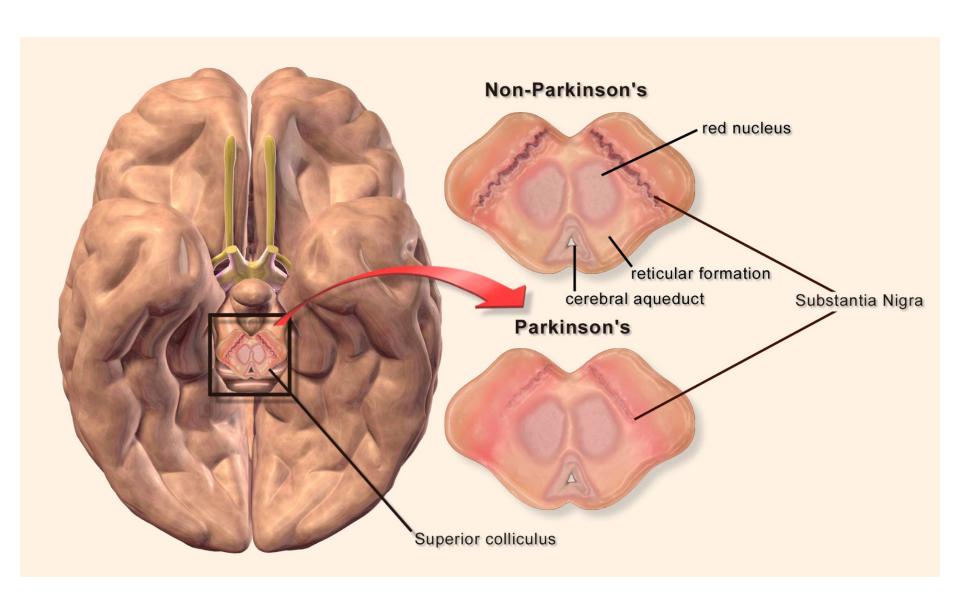
Factors responsible

The specific cause is yet to be pinned down. In some cases, however, it could be due to genetic factors

> Aging is a huge risk factor that increases chances of Parkinson's Disease

Other risk factors include head trauma, exposure to pesticides, working in farms and exposure to metals, like manganese and iron. The disease is more common in men than women





Regen Center September 5, 2012 Blog, Neural Stem Cells 1 Comment

Damaged spinal cord



For the very first time, individuals with damaged spinal cords have actually regained sensation in previously paralyzed locations after getting treatments of neural stem cells. 3 individuals with paralysis got treatments of 20 million neural stem cells straight into the damaged area of their spinal cord. The cells, obtained from given away fetal brain tissue, were injected between 4 and eight months.

tissue, were injected between 4 and eight months after the injuries occurred.

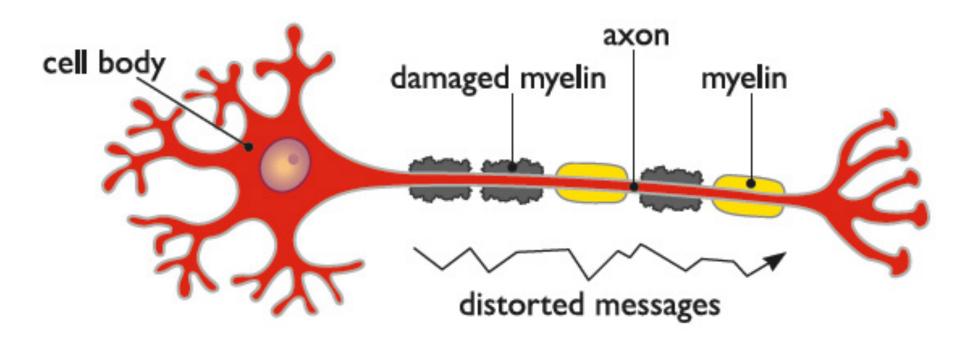
The patients additionally obtained a short-term course of immunosuppressive medications to restrict turndown of the cell.



Stem cell transplants may be effective for people with severe cases of multiple sclerosis (MS),

- according to a study published in the February 11, 2015, online issue of Neurology®, the medical journal of the American Academy of Neurology.
- In MS, the body's immune system attacks its own central nervous system. In this phase II study, all of the participants received medications to suppress immune system activity. Then 12 of the participants received the MS drug mitoxantrone, which reduces immune system activity. For the other nine participants, stem cells were harvested from their bone marrow. After the immune system was suppressed, the stem cells were reintroduced through a vein. Over time, the cells migrate to the bone marrow and produce new cells that become immune cells. The participants were followed for up to four years.
- "This process appears to reset the immune system," said study author Giovanni Mancardi, MD, of the University of Genova in Italy. "With these results, we can speculate that stem cell treatment may profoundly affect the course of the disease."

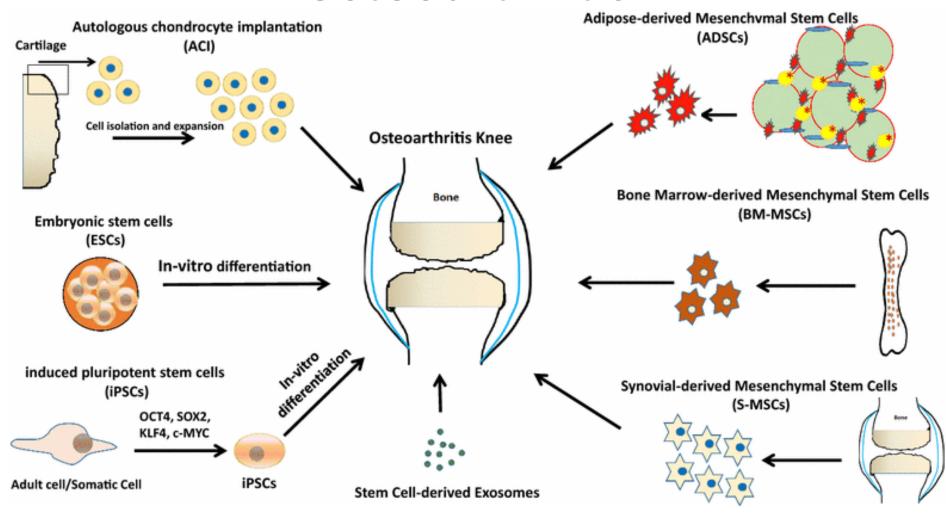
Damaged Neuron in MS



Chances in MS

- No approved stem cell treatments for MS but there are various approaches being tested in clinical trials.
- Multiple sclerosis (MS) is thought to be an immune-mediated disease, most likely autoimmune, in which the immune system attacks the *oligodendrocytes*, causing damage to the myelin sheath. This damage interferes with the neurons' ability to function properly and with time, results in direct damage to the neurons, resulting in permanent disability.

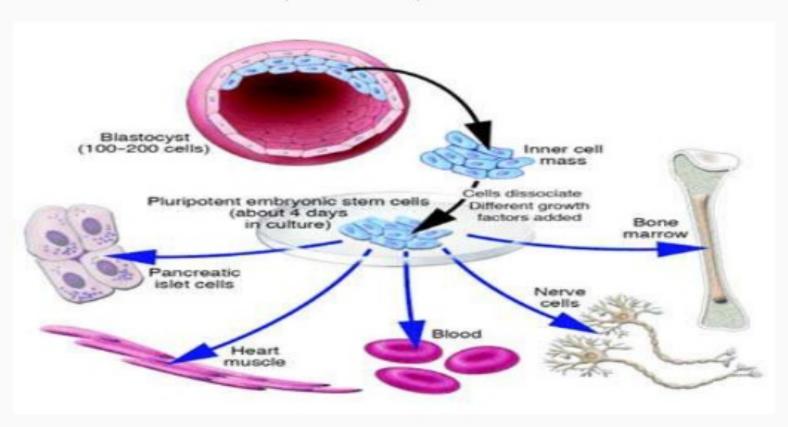
Osteoarthritis

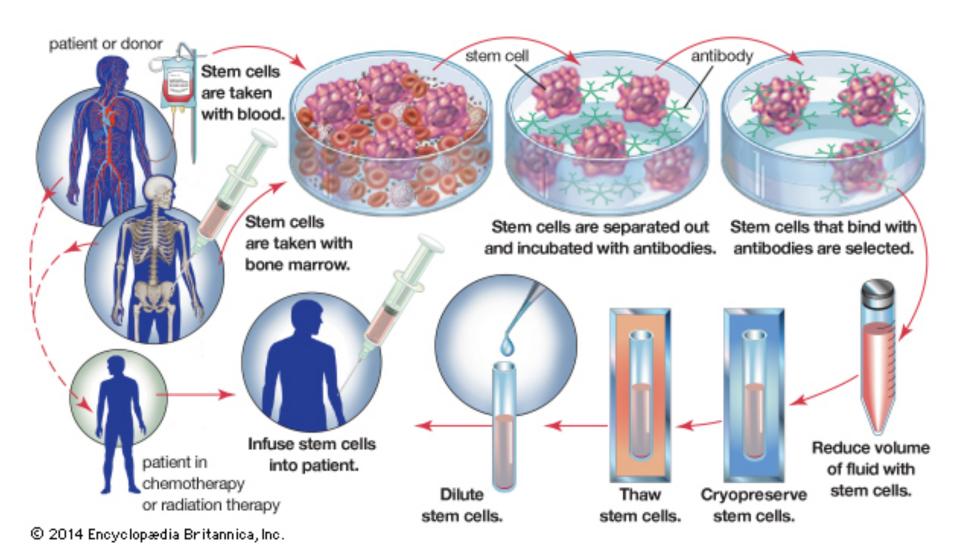


Bone marrow transplant

- Bone marrow transplantation (BMT) or hematopoietic stem cell transplantation (HSCT) is a medical procedure in the field of hematology and oncology that involves transplantation of hematopoietic stem cells (HSC).
- It is most often performed for people with diseases of the blood or bone marrow, or certain types of cancer.

Differentiation pathways of adult stem cells

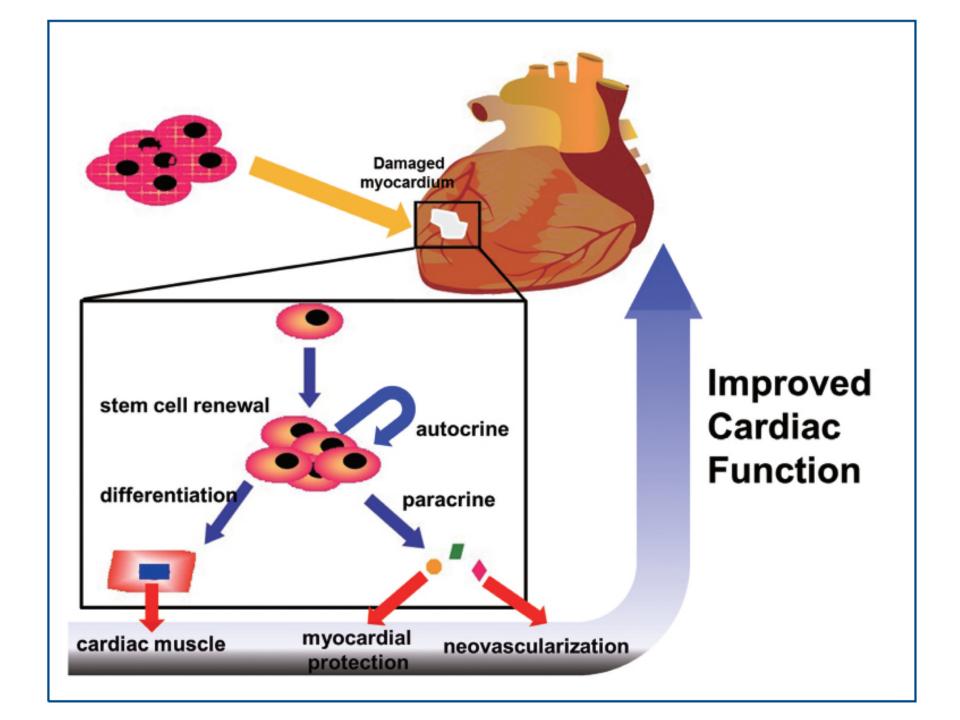


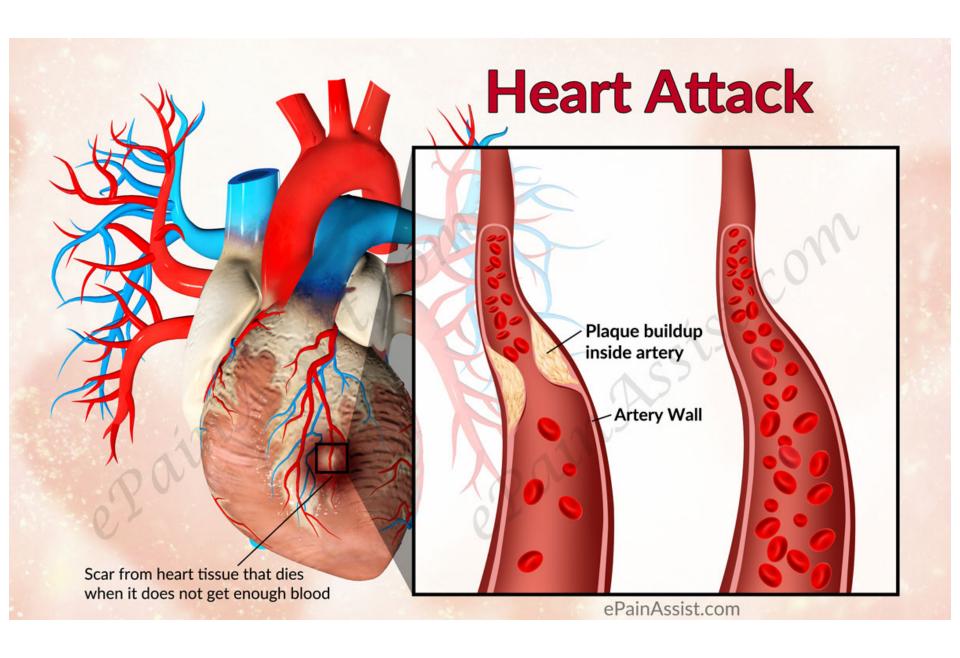


HEART

What are the potential benefits of stem cell research?

- The National Institutes of Health indicates that approximately 1.1 million Americans suffer a heart attack each year, and together cardiovascular diseases and cancers are the top two causes of death according to the CDC, with each killing over half a million Americans each year. Regenerative medicine holds the promise of new ways to repair cardiovascular damage and of improved cancer treatment. Moreover, there are many other diseases and afflictions that stand to be positively impacted by stem cell research including: stroke, respiratory disease, diabetes (respectively 3, 4 and 7 on the CDC list of causes of death), neurological disorders, spinal cord injuries, and some birth defects.
- Potential benefits of stem cell research are numerous and range from development and testing of new drugs to cell-based therapies in which stem cells are used to replace ailing or destroyed tissue or cells. However, there are many technical hurdles between the promise of stem cells and the realization of these uses, which will only be overcome by continued intensive stem cell research.

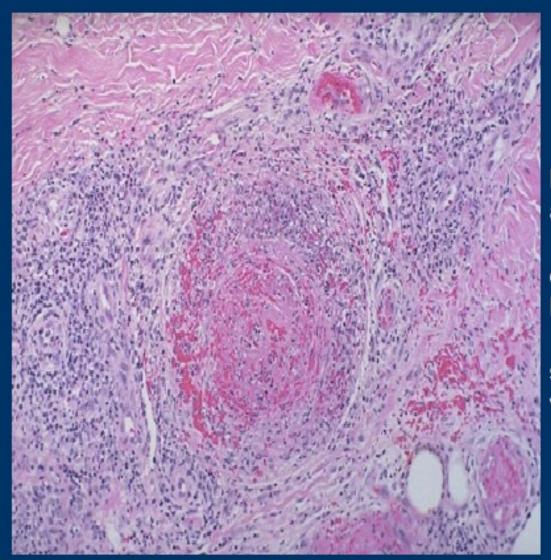




Myocardial Infarction—Survival

- Factors affecting survival:
 - Size of infarct
 - Age of patient
 - Complications
 - Other diseases
- Mortality rates: 6% for small infarcts without heart failure to ≥ 50% for large infarcts with severe heart failure
- 90% of hospitalized patients survive
- Causes of death following MI: arrhythmia, heart failure, cardiac rupture

COAGULATION NECROSIS



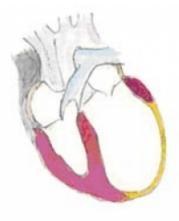
A photomicrograph of the heart in a patient with an acute myocardial infarction.

In the center, the deeply eosinophillic necrotic cells have lost their nuclei.

The necrotic focus is surrounded by paler-staining, viable cardiac myocytes.







Infarct extension

Necrosis Apoptosis Arrhythmogenicity Infarct wound healing/ Infarct expansion

Myeloid cell recruitment
Necrotic tissue resorption
Extracellular matrix degradation
Granulation tissue formation
Neoangiogenesis
Collagen-based extracellular
matrix formation

Early (hours-days)

Progressive cardiac remodelling

Scar formation
Reactive fibrosis
Myocyte hypertrophy
Left ventricular dilation
Cardiac dysfunction
Arrhythmogenicity
Heart failure

Late (weeks-months)

Very early (hours)

Molecular signaling

FGF-1, FGF-2, VEGF, insulin, IGF-1, IGF-2, CT-1, urocortin, TGF-β1, thymosin β4, G-CSF, EPO (refs. 5–7)

Cellular proliferation

miR-590, miR-199a (ref. 2)

Transdifferentiation

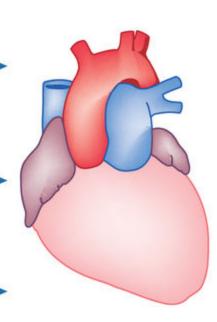
miR-1, miR-133, miR-208, miR499 (ref. 3) GATA4, HAND2, MEF2C, TBX5 (ref. 9) GATA4, MEF2C, TBX5 (ref. 10)

Effects on damaged region

Reduce MI size, enhance cell survival, reduce apoptosis, improve myocardial function

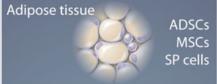
Promote cell cycle re-entry of adult cardiomyocytes

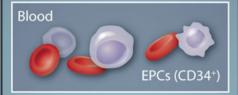
Conversion of cardiac fibroblasts to cardiomyocyte-like cells

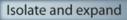


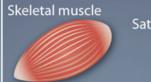
A. Adult stem cells and progenitors







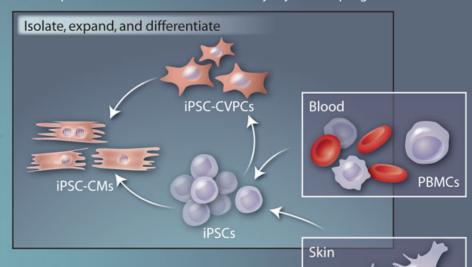




Satellite cells Sca-1+ SP cells

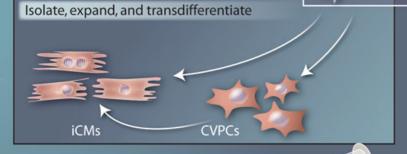


B. Pluripotent stem cell-derived cardiomyocytes and progenitors



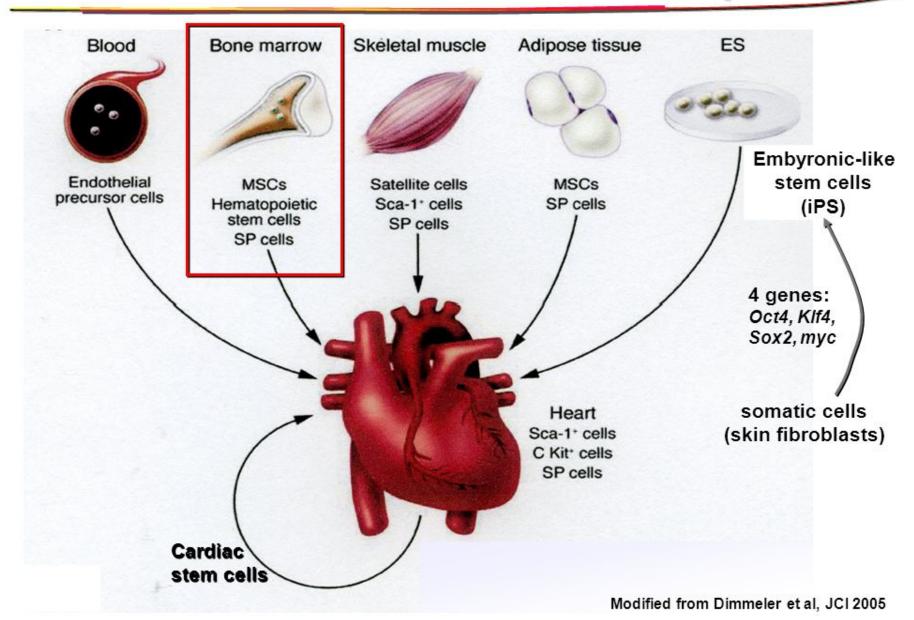
Fibroblasts

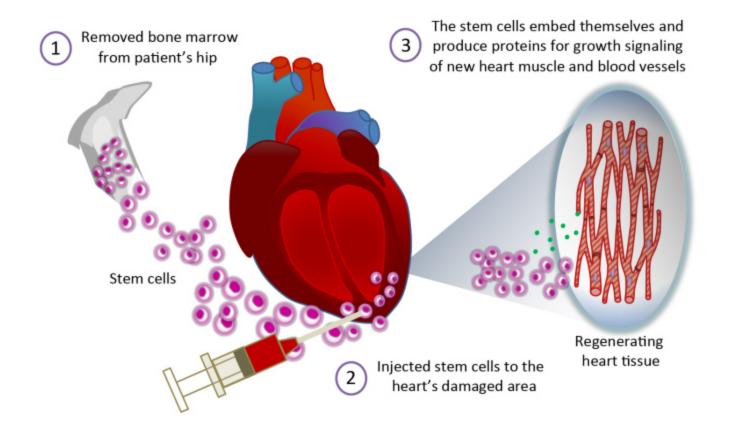
C. Transdifferentiation to cardiomyocytes and progenitors

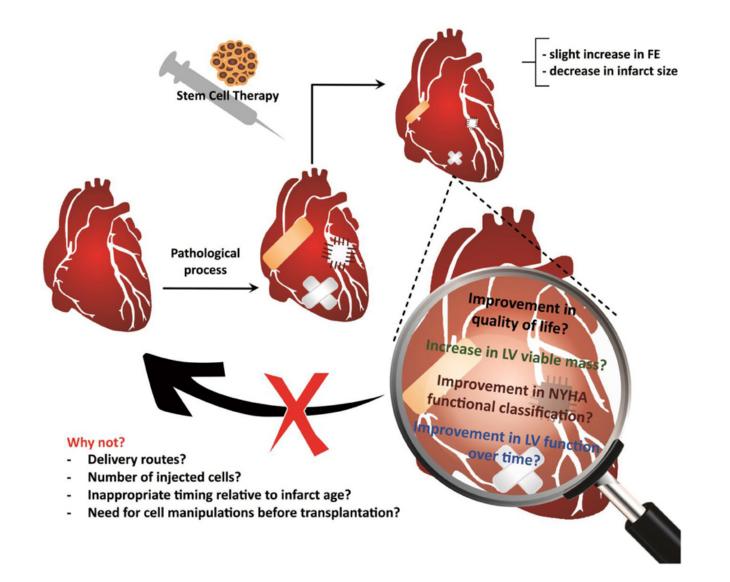




Cells for functional cardiac repair







Liver transplantation

Date: 01 Jul 2013

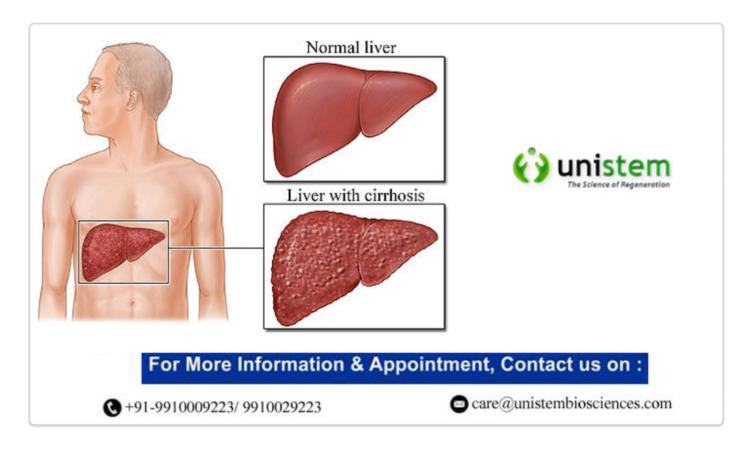
Critical shortage of donor organs for treating end-stage organ failure highlights the urgent need for generating organs from pluripotent stem cells. Despite many reports describing functional "cell" differentiation, no studies have succeeded in generating a three-dimensional vascularized "organ" such as liver so far.

Takanori Takebe and Hideki Taniguchi at Yokohama City University showed the generation of vascularized and functional human liver from human induced pluripotent stem cells (hiPSCs) by transplantation of in vitro grown liver buds (rudimentary liver). This study demonstrates a proof-of-concept that organ bud transplantation offers an alternative approach for treating organ failure by generating a 3D and vascularized organ.

This study was published in the journal Nature (6 pm London time Wednesday 3rd July) . Nature 499, 481–484 (25 July 2013) doi:10.1038/nature12271

Signs and symptoms of liver cirrhosis

- Excessive alcohol consumption- The liver breaks down alcohol into carbon dioxide and water, causing fatty liver.
- Genetic diseases- Some genetic conditions like Hemochromatosis, Wilson's disease.
- Chronic Viral Hepatitis- hepatitis B and D, can also cause cirrhosis.



The encouraging advances in stem cell research have paved the way towards the treatment of the endstage of chronic liver disease. Stem cell therapy has been found best treatment for liver disease.

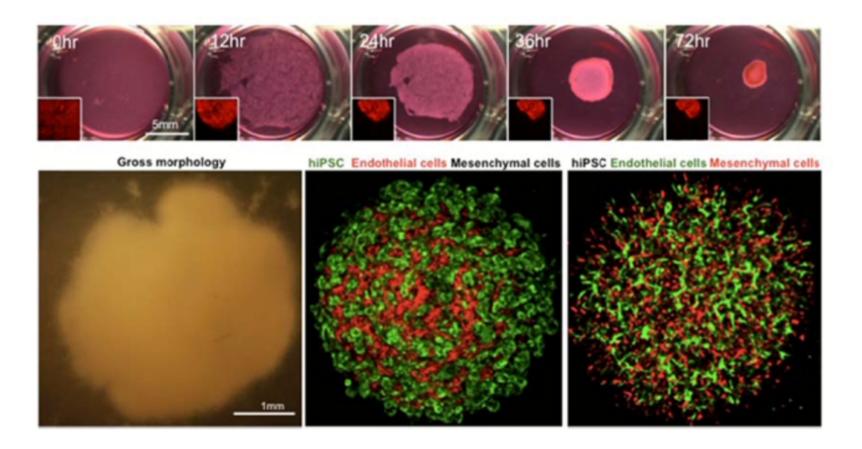


Figure 2. Self-formation of three-dimensional liver bud from human iPSC in vitro.

Here, we found that, although cells were plated on 2D conditions, hiPSC-derived liver progenitos organised into macroscopically visible 3D liver bud (hiPSC-LBs, or "rudimentary liver") by cultivating with human endothelial cells and human mesenchymal cells, presumably mimicking the above stated early developmental interactions (Figure2, upper). Surprisingly, we observed a formation of developing endothelial networks along with homogenously distributed hiPSC-liver progenitors even in vitro (Figure2, lower). Immunostaining and gene expression analyses revealed resemblance between in vitro grown hiPSC-LBs and in vivo liver buds.

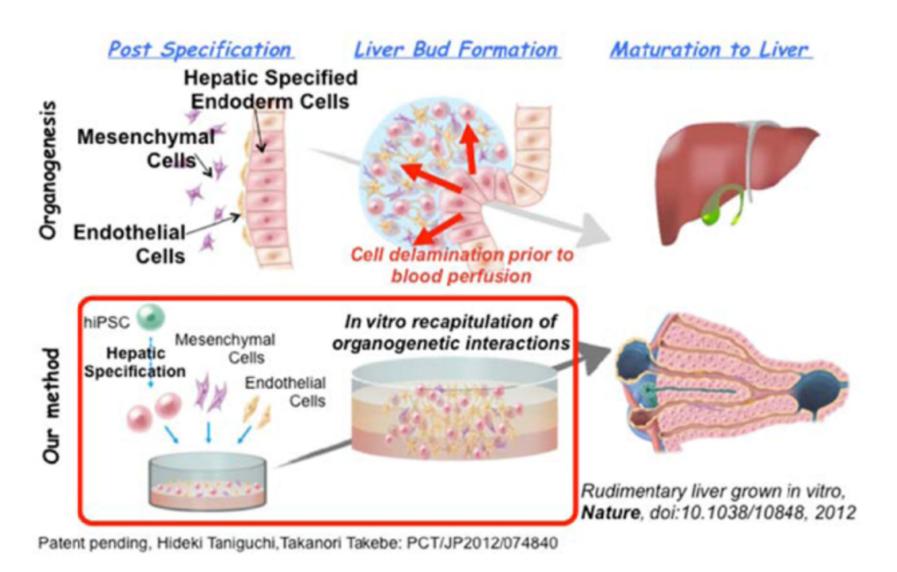


Figure 1. Generation of Liver Bud from pluripotent stem cells by mimicking early organogenesis. During the early liver organogenesis, liver progenitor cells delaminate from the foregut endodermal sheet and form a three-dimensional liver bud (LB) (Figure 1), a condensed tissue mass that is soon

Diabetes

These challenges have led researchers to explore the use of stem cells a possible therapeutic option. Type 1 diabetes is an appropriate candidate disease for stem cell therapy, as the causative damage is localized to a particular cell type. In theory, stem cells that can differentiate into b-cells in response to molecular signals in the local pancreatic environment could be introduced into the body, where they would migrate to the damaged tissue and differentiate as necessary to maintain the appropriate b-cell mass. Alternately, methods could be developed to coax stem cells grown in the laboratory to differentiate into insulin-producing b-cells. Once isolated from other cells, these differentiated cells could be transplanted into a patient. As such, stem cell therapy would directly benefit persons with type 1 diabetes by replenishing b-cells that are destroyed by autoimmune processes, although it would still be necessary to mitigate the autoimmune destruction of b-cells. The strategy would also benefit those with type 2 diabetes to a lesser extent by replacing failing b-cells, although the insulin resistance in peripheral tissues would remain present. As discussed in the following sections, however, debate continues about potential source(s) of pancreatic stem cells.

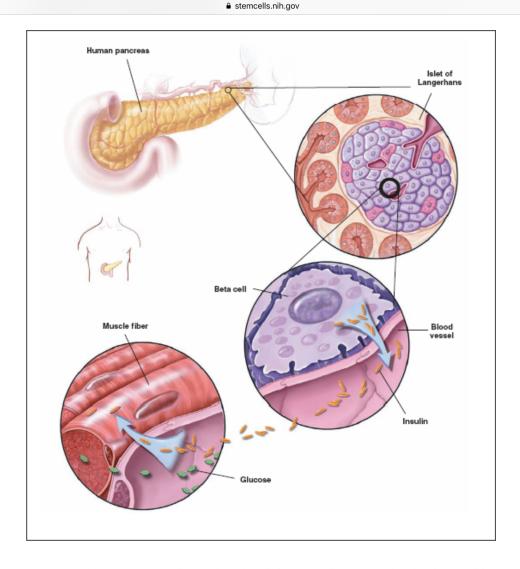
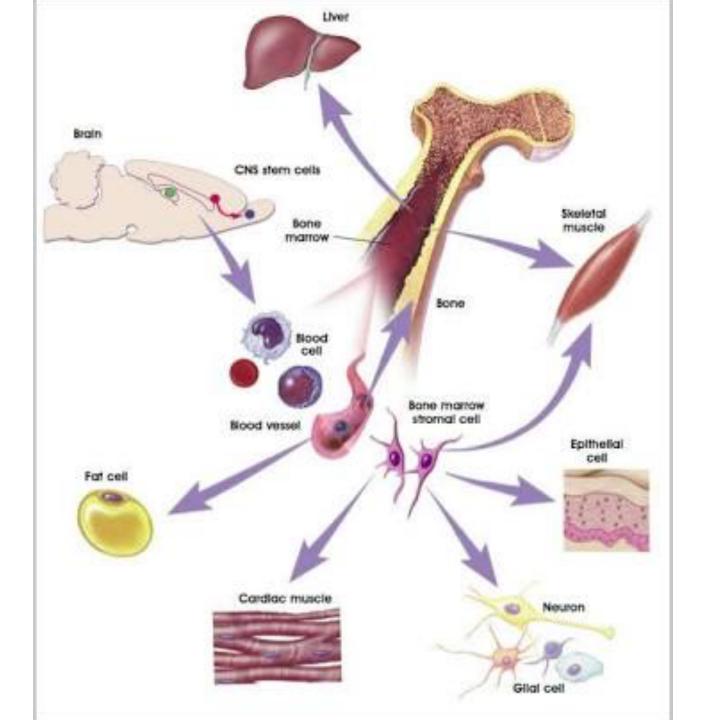


Figure 7.1.The pancreas is located in the abdomen, adjacent to the duodenum (the first portion of the small intestine). A cross-section of the pancreas shows the islet of Langerhans which is the functional unit of the endocrine pancreas. Encircled is the beta cell that synthesizes and secretes insulin. Beta cells are located adjacent to blood vessels and can easily respond to changes in blood glucose concentration by adjusting insulin production. Insulin facilitates uptake of glucose, the main fuel source, into cells of tissues such as muscle.

HOWEVER

- After twenty years of research, there are no approved treatments or successful human trials utilizing embryonic stem cells.
- Their tendency to produce teratomas and malignant carcinomas, cause transplant rejection and form random undirected types of cells are just a few of the hurdles that embryonic stem cell researchers still face.
- Many nations currently have governmentally-imposed restrictions on either embryonic stem cell research or the production of new embryonic stem cell lines.
- Because of their combined abilities of unlimited expansion and pluripotency, embryonic stem cells remain a theoretically potential source for regenerative medicine and tissue replacement after injury or disease.

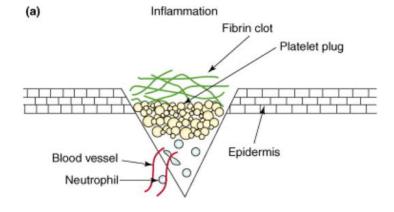


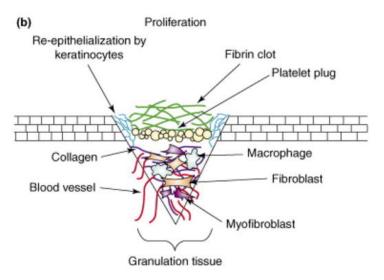
SKIN

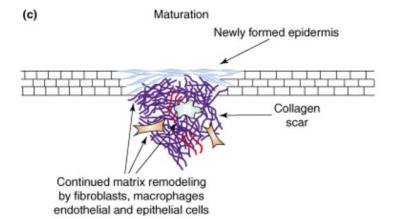














Burns victims are making incredible recoveries thanks to a revolutionary 'gun' that sprays stem cells on to their wounds, enabling them to rapidly grow new skin

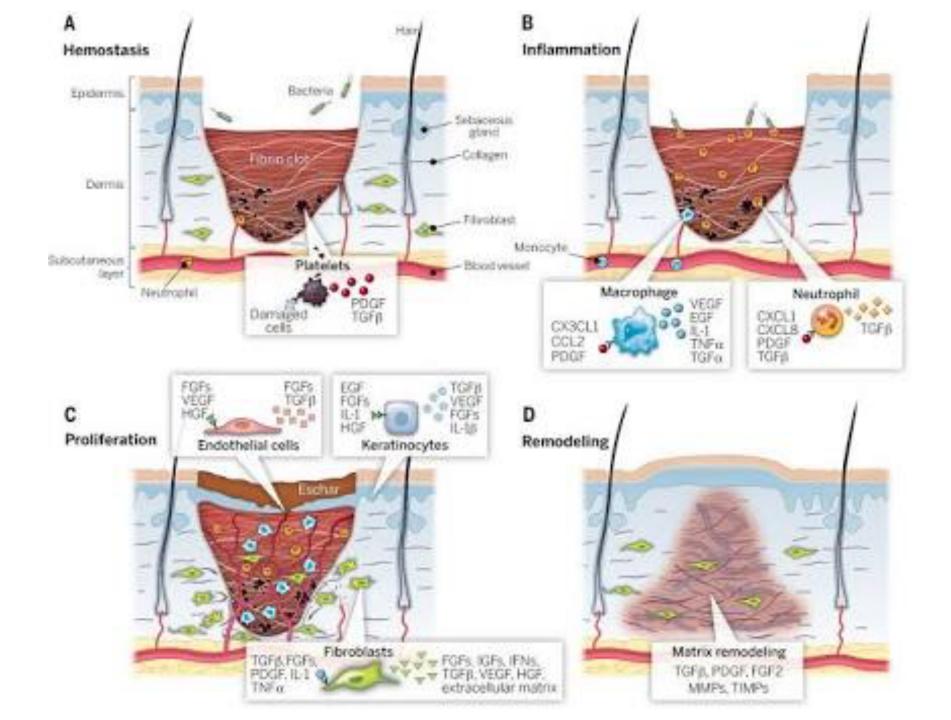
touched a live electrical wire

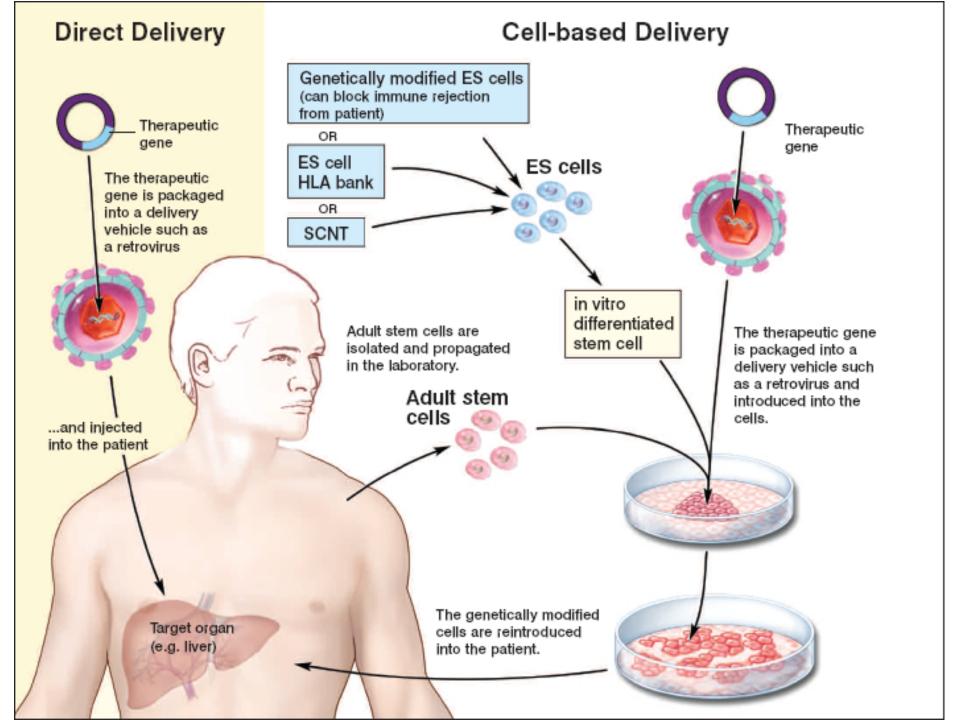






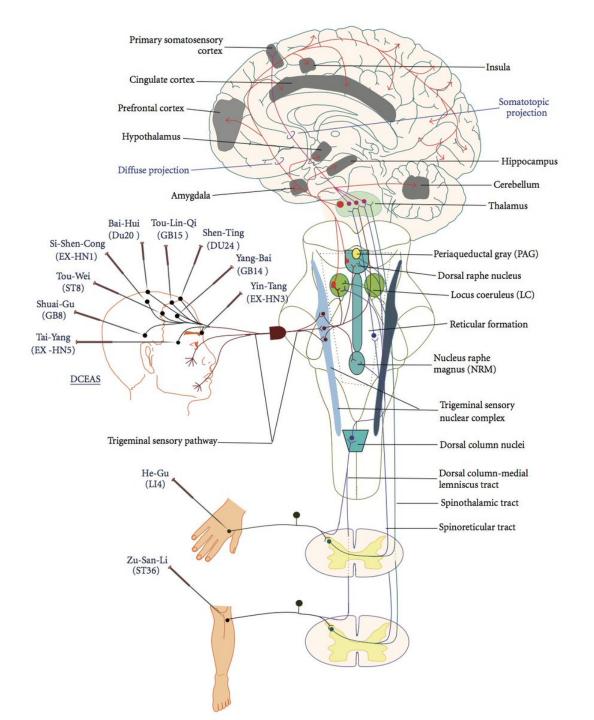


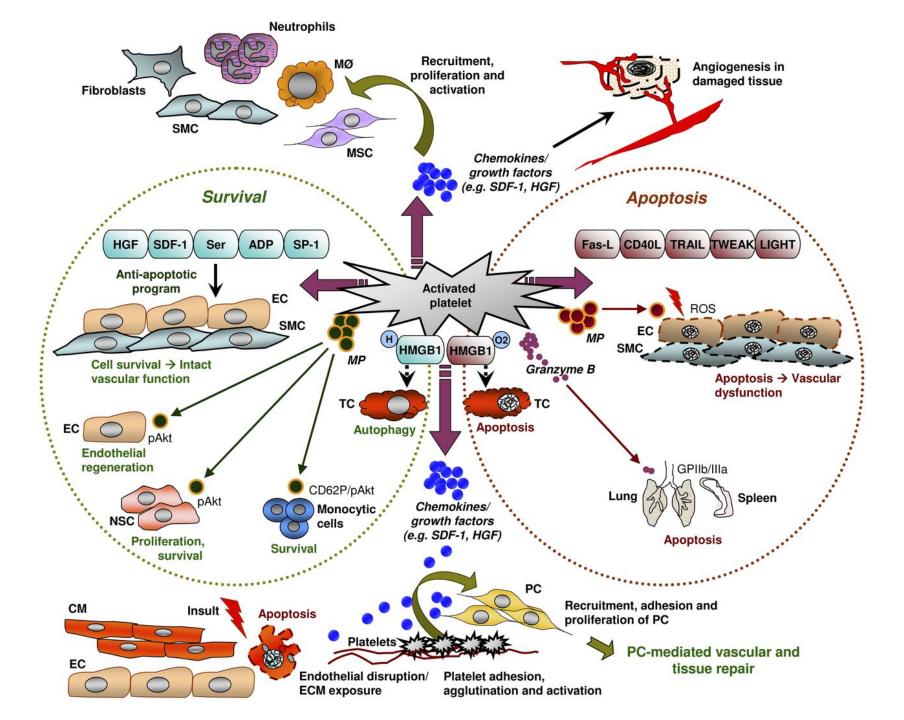






Underestimated complexity





RAISING HOPES

- For beauty, survival
- For raising research money



Breakthrough Benefits of Stem Cell Therapy for Stroke, Alzheimer's, Parkinson's, and More

October 24, 2014

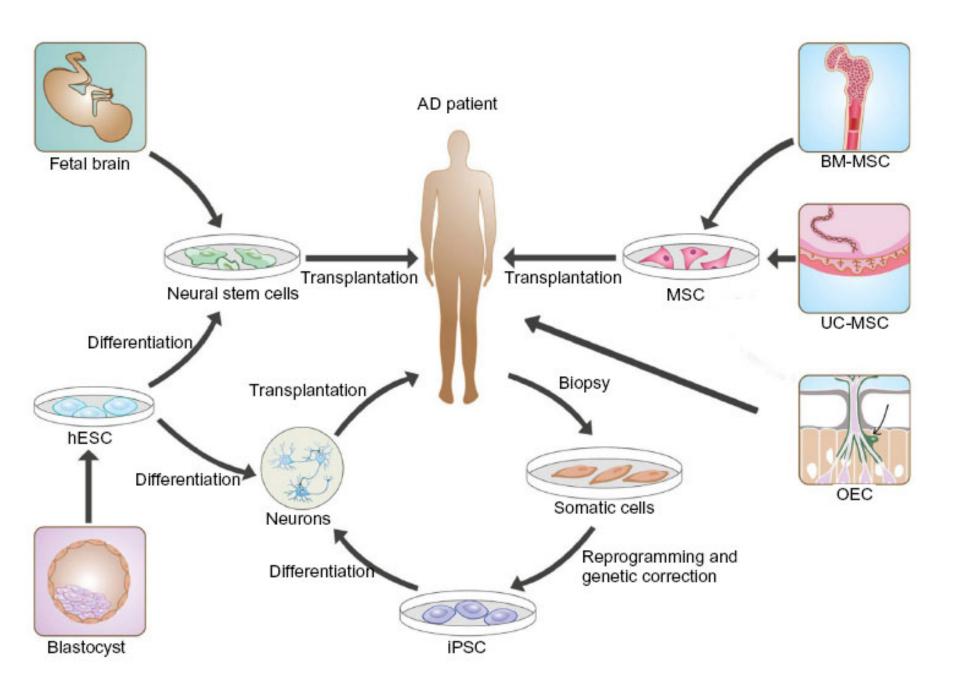
Breakthrough benefits of stem cell therapy are reported weekly, and recent successes include improving vision in patients with severe retinopathy, creating insulin-producing beta cells, and growing new esophageal tissue. The problem is, most of these applications of stem cell therapy are still in the research stages, and unless you're enrolled in a clinical trial, they just aren't available.



That's why the Whitaker Wellness Institute is pleased to announce a breakthrough in <u>adult stem cell therapy</u> for degenerative and traumatic brain and central nervous system disorders—and it's available today.

Benefits of Stem Cell Therapy for Neurodegenerative Disorders

As you know, <u>stroke</u>, Alzheimer's disease, <u>Parkinson's disease</u>, multiple sclerosis, ALS (Lou Gehrig's disease), and spinal cord and traumatic brain injuries have devastating consequences, and conventional medicine offers few effective treatments for these neurological conditions. Harnessing the healing powers of stem cells, which have the ability to differentiate, or change into various cell types and kick-start the body's natural reparative process, is the most promising treatment for these difficult and progressive disorders.





* > NEURAL STEM CELL TREATMENT FOR ALZHEIMERS & DEMENTIA BRAIN DISEASE



Neural Stem Cell Treatment for Alzheimers & Dementia Brain Disease

UPDATED January 19, 2017 Alzheimer's is also known in medical literature as Alzheimer's Disease (AD) is the most common type of dementia. As of Today, there are no effective pharmaceutical based therapies for the illness.





Thank you for your interest