



ASSA-Assiut

Assiut Students' Scientific Association was founded in the year 1986 to offer future physicians a comprehensive introduction to global health issues.

ASSA is a member of IFMSA - Egypt which is a member of the International Federation of Medical Students' Association (IFMSA). It is a Non-Governmental Association related to the World Health Organization (WHO) a branch of the United Nations (UN).

Our mission is

- **To offer future physicians a comprehensive introduction to global health issues. Through our programming and opportunities, we develop culturally-sensitive medical students, intending to influence the trans-national inequalities that shape the health of our planet**
- **To act as a mechanism for medical students' professional and scientific exchange and projects.**
 - **To promote and facilitate professional and scientific exchange as well as projects and trainings for medical students, thereby desensitizing them to other cultures and societies, and their health problems.**

With great honor and pleasure, we're presenting to you the ASSA-Assiut Report, documenting a period full of success & achievements. Looking to what we have achieved during the last period we are so proud of every moment we spent to say loudly that ASSA-Assiut was as usual "Different". We really need to thank those who have helped and supported us from IFMSA- Egypt TO, for their endless support and great effort.

ASSA-Assiut Board for the term 2020-2021:

Name	Position
Mahmoud Nassar	President
Adham osama mohammed sleem	Secretary general
Ali Essam Ali Abu El-Magd	Vice president for external affairs
Mario Ragaey Fakhry	Vice president for internal affairs
Zeyad Hassan Hamed Abdelaal	Local officer on medical education
Ahmed essam eldin ali	Summer school coordinator
John Ashraf Magdy Shehata	Local officer on public health
Mohamed Ashraf Mohamed Fallah	Local officer on reproductive health
rana mohamed zain eldin hafez	Local training support division director
Omar Mostafa Elsharkawy	Local officer on research exchange
Ahmed tarek aly sayed	Local officer on human rights and peace
Khaled Mohamed Ali	Local Publication support division
Akram Hamad	Local officer on professional exchange
Sandy Mikhael Hanna Kamel	Activities support division director
Nada Wael	Conference support division director



ASSA-ASSIUT

TEAM OF OFFICIALS 2020-2021

We Need you **Among Us**





ASSA-Assiut General Events

General Events

1- General Assembly:

Regarding ASSA-Assiut bylaws, GA meeting is the highest meeting where the crucial decisions are taken, the main outcome of this GA is adoption of the end term report of the previous TO and elections of the new TO; It Took Place in October 2020 online.

2- ASSA-Assiut Recruitment Campaign:

Our aim was to empower more medical student and help them joining ASSA-Assiut to spread our mission, vision and initiatives amongst more and more members.

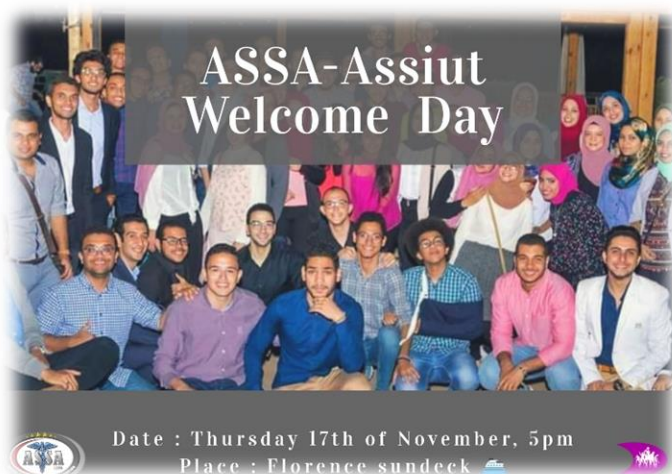
Our target group: medical students

Outcome: Recruit more than 180 students.



3-ASSA-Assiut Welcome Day

As we are not only students association but also we are a big family so we planned to make a family gathering with all new members “November 2020”



4-Local Training Camp

We organized a comprehensive training Camp for our new members with over 20 attendees tackling the first wave sessions and it included a variety of sessions including:

- Leadership
- Advocacy
- Team building
- Professional files



Also, Included Specific trainings for our local coordinators and assistants.





ASSA-Assiut

SCOPH Events

SCOPH Report

Standing Committee on Public Health [SCOPH]

National events and workshops:

- *WAAW workshop
- *SCOPH weekend



Meetings Conducted with Local team:

- *First Meeting (Welcoming - Introduction to LPO plan of action)
- *Second meeting (Introduction to AMR plan of action)



National Projects:

-Anti-Microbial Resistance:

The globe is now facing a real and an underrated challenge, which is that the antibiotics that we used to depend on ending the infection is now being resisted. The main reason for the challenge we are facing, is nescience. Our bodies are being exposed to a huge amount of antibiotics; which can be without prescription; or being used to treat viral infections where here the antibiotics are useless. This will result in emergence of new generations of resistant bacteria.

Achievements:

- Online Campaign (Online Event – One Voice over Soundcloud)
- Physical:
 - *Faculty of Engineering (In cooperation with ESC)
 - *EL-Salam Advanced School (In cooperation with EPSF)



- Capacity building session:
AMR - Causes - Prevention (23 Attendees)

Non-Communicable Diseases

Goal:

Increase the knowledge and awareness of NCDs problem including diabetes, cancer, cardiac diseases and related smoking diseases for all the family members all over Egypt.

Achievements:

- Online Campaign (A video Competition about Diabetes-Online Event about Smoking)
- Online Event about Cancer-Recent post about Colon Cancer)
- Physical Campaign : مستشفى الاورمان القلب الجامعي
- A collaboration with جامعة أسيوط - كلية الطب - جراحة القلب والصدر Assiut Cardiothoracic Surgery During their 7th Assiut VATS Workshop.
- Cardiothoracic surgeries observation



HalfYearReport



ASSIUT STUDENTS'
SCIENTIFIC ASSOCIATION



COVID-19 Online campaign

-Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

-The virus that causes COVID-19 is mainly transmitted through droplets generated when an infected person coughs, sneezes, or exhales. These droplets are too heavy to hang in the air, and quickly fall on floors or surfaces.

You can be infected by breathing in the virus if you are within close proximity of someone who has COVID-19, or by touching a contaminated surface and then your eyes, nose or mouth.

Achievements

An online campaign has been made to increase and spread awareness about the virus and the way of its transmission, symptoms and treatments available, The campaign aimed to encourage students to get vaccinated with spreading all the information about the available vaccines In Egypt.

VACCINATION / PRECAUTIONS OF COVID-19



Is the vaccine a final solution ?

According to WHO : Pfizer vaccine can protect people by 95% from COVID-19



What are the precautions until we get vaccinated ?



Avoid crowd



Wear a mask



Stay clean

Infection Prevention and Control, WASH and the Environment



Help Prevent infection from **GOOD Hygiene**



Effective waste **TREATMENT** can protect the environment and reduce antibiotic resistance



Drug-resistance is circulating among Humans, animals and the **ENVIRONMENT**



THE MISUSE OF ANTIBIOTICS DURING COVID-19 PANDEMIC



According to WHO



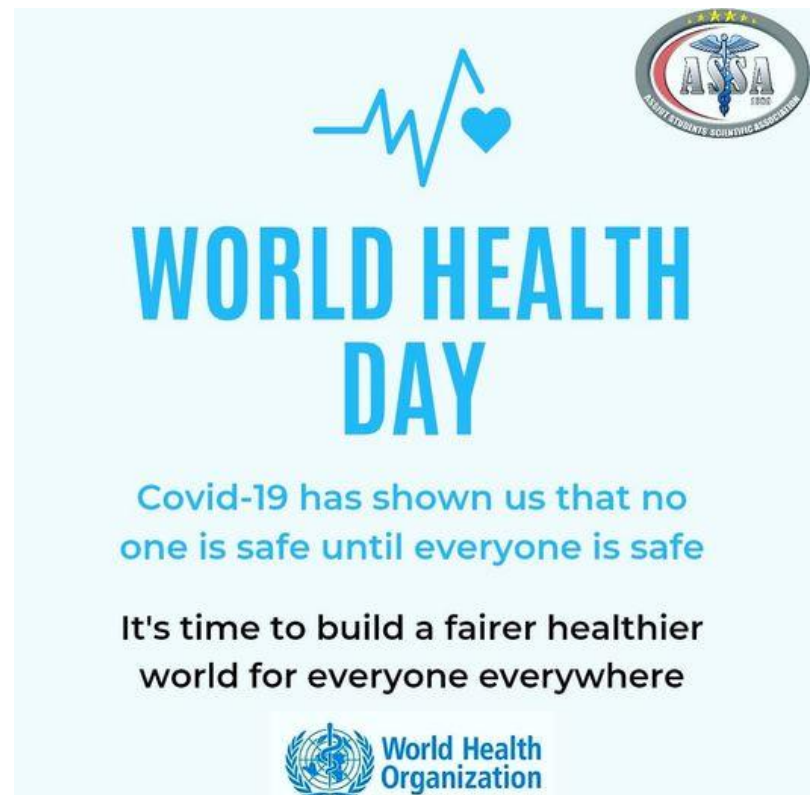
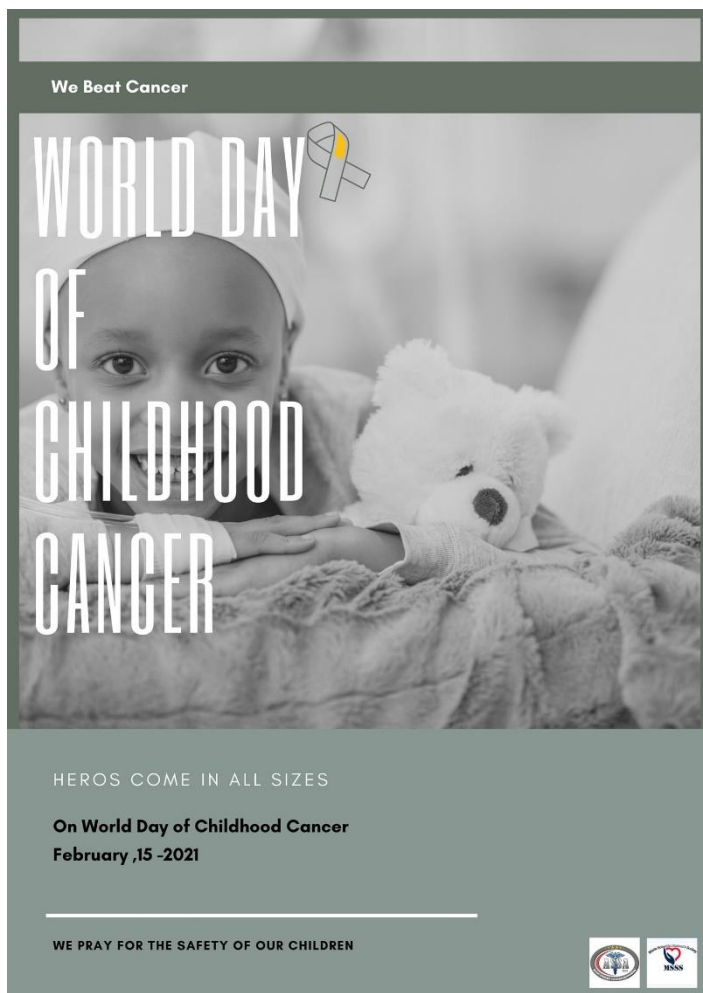
-15% of the covid-19 people were diagnosed with



Anti-Microbial Resistance

World Celebration Days posts

- Rheumatoid Arthritis Day
- World Water Day
- World Childhood Cancer Day
- World TB Day





ASSA-Assiut

SCORA Events

SCORA Report

Standing Committee on sexual and reproductive health and Rights including HIV/AIDS

National events attended:

ASSA was represented in AIDS

TOT for this term



Projects:

Mr. & Mrs. Breastestis:

In the last years, Egypt has suffered from many problems. One of them is Cancer. By spotting the light on the reproductive cancer, Egypt -as the rest of Cancers- suffer from increase in the incidence and prevalence of these cancers. Not only that, but also lack of research providing us with the essential data to fight these diseases. So, depending on the American cancer society Statistics we found that:

- 1 in every 8 women will have breast cancer in her life. (1)
- 1 in every 9 men will have prostatic cancer in his life. (2)
- 1 in every 250 men will have testicular cancer in his life. (3)
- 1 in 78 women will have ovarian cancer in her life and only 27% of women diagnosed in advanced stage will survive for 5 years because of lack of the awareness

Goal :

- Increase the awareness level in our society about breast cancer and testicular cancer
- -It was through an Online campaign for more than 5 days, it reached more than 700 audience

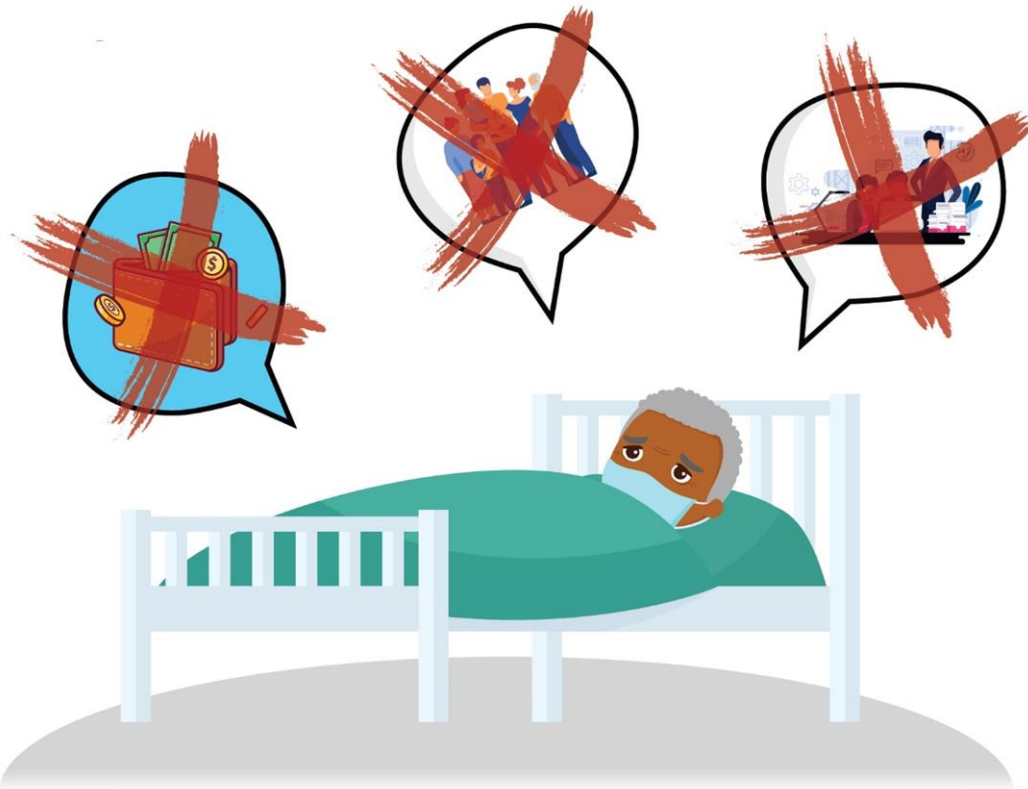


World Aids Campaign WAC

This project serves the mission and vision of The Standing Committee on Reproductive and Sexual Health worldwide and in Egypt. It has been in the Spot light for a while and several LCs are taking it into consideration This project aims to work on raising awareness about decreasing level of stigma against HIV/AIDS patients in Egypt among medical students, and the public and Supporting the patients to be a productive part in the society which serves the Goals of IFMSA-Egypt as medical students' association working on the medical and awareness field.

-Aim:

- Our mission was to increase the awareness level about HIV and to relieve stigma related to this disease
- It was through training our members to increase their knowledge about the Disease and it was followed by brainstorming meeting to discuss the plan for awareness campaign





ASSA-Assiut

SCOME Events

SCOME

Standing Committee on Medical Education.

Capacity building

- A huge recruitment campaign has been made to increase the number of SCOME members.
- Local SCOME core team elections have been made with selection of a passionate new comedians.
- Two local core team meetings have been done to discuss SCOME plan of action and the timeline of the term 2020-2021



Evidence Based Medicine project

Evidence-based practice is a systematic process primarily aimed at improving the care of patients and it aims at integrating individual clinical expertise with the best available external clinical evidence from systematic research and patient values to determine the appropriate treatment plan.

- A conjoint online campaign with SMSA-Sohag and KMSA-Kena with reach more than 1000 view for every post.
- EBM local coordinator have been sent to attend EBM national online webinar



First aid for all project

First aid is applied to injured or ill persons in any health threatening settings in order to save life, prevent degradation of the situation or contribute to a treatment process before professional medical care is available. This refers to assessments and interventions that can be performed by a bystander (or by the victim) with minimal or no medical equipment.

Studies have found that the knowledge of first aid amongst medical students has always been a neglected subject. Hence, it should not be surprising to note that even junior doctors at certain hospitals cannot perform the first aid skills satisfactorily.

Our aim is increase students' knowledge on how to deal with emergencies as accidents, burns, and fractures

First Aid for all Mega workshop 4 phases have been done with more than 130 participants and with conjugation with Al Moseif initiative , with +300 participants.

A conjoint online campaign with KMSA-Kena , BMSA-Benisuef , MSSS-Minya , FMSA-Fayoum that will begin on 16/1/2021 and continue for one week





Towards better medical education project

Medical Education should be a concern of every medical student as it shapes not only the quality of future doctors, but also the quality of healthcare.” In Egypt, medical education level has not been satisfying for decades. In this project, we propose ideas and plans to empower the Egyptian medical students; to be fully aware of their rights and duties in the education system. In addition, a plan to empower them to be an active participant in the education development process is proposed. A long list of partners is expected to help us with these plans, no doubt; as it's the duty of these bodies in the community.

- The passionate Scomedian Toka Ragab has been sent to national TBME TOT , and she gave her graduation session in E-learning .
- A conjoint online TBME workshop with AAMSS-Azhar Assiut, KMSA-Kena ,AMSA-Aswan , HMSA- Helwan .



Research team

Aim: As a research is a critical aim in national level and as ASSA-Assiut is one of the biggest associations in IFMSA-Egypt so it was a critical aim also in a local level so we did the following:

- Created a local Research core Team to Start the Broad Ranged Research initiative with the aim of reaching up to 50 students and revive the Mentor program which saw 75 students participating in 75.
- Made a conjoint with Medical Student Research Association to give an online research course to the participants and prepare them for the local and national research work.
- Giving the old research team national research team tasks to improve their skills



SCORP

Standing Committee on Human Rights and Peace



Projects: Together Against Stigma

According to UN statistics, the estimated number for blind patients in Egypt is 1 million, while 3 million are visually impaired and may progress to blindness. 80% are due to curable or preventable causes, 60% of which are cataract.

Statistics released by the United Nations also indicate that, in Egypt alone, 7.5 million people suffer from deafness or hearing impairment.

These patients suffer during their daily lives from being stigmatized and labeled as “disabled”; a mindset of “less than”, rather than “differently-abled”. They also suffer from institutionalized prejudice, unequal opportunities, and to a great extent, social exclusion.

- Our goal is to Improve quality of life of blind and visually impaired people and promote social integration.
- We aim increase awareness of medical and non-medical students about autistic people and promote social integration.
- Online campaign: we Posted about 6 posts in the online campaign and an awareness video about the Misconceptions about disabilities .
- Online Workshop : we have done an online workshop about stigma and disabilities and about 30 persons attended the workshop

Mental Health:

Mental health is defined as a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community. Over

Mentally ill people face many challenges starting with symptoms and disabilities that result from the disease, and all the way to stigma that result from misconceptions about mental illness. As a consequence, they find themselves robbed of opportunities like: good jobs, safe housing, satisfactory health care, and affiliation with a diverse group of people

- Our Goal is to Contribute to improve mental health status and decrease the prevalence of mental disorders in Egypt.
- This project aims to work on raising awareness about the nature of mental disorders, their causes and explaining that they are like any other disease so we shouldn't Stigmatize the person with mental disease in addition to stress and burnout and their management
- Online campaign: we posted eight posts in the online campaign.
- Online workshop: We made a cooperation with AAMSS Azhar Assuit



Blood donation

We did an amazing job with other NGOs “ EPSF Assiut And operation smile” and conducted a very good physical campaign where we were able to get about 150 donations of blood .



International Human Rights days

- World mental health Day
- Rights of persons with disabilities

Assiut Students' Scientific Association (ASSA-Assiut)
3 Dec • 🌐

اليوم العالمي للأشخاص ذوي الاعاقة 🌟🌟

يتم الاحتفال باليوم العالمي للأشخاص ذوي الاعاقة في الثالث من ديسمبر من كل عام بهدف تعزيز المشاركة الكاملة والم...
more



RIGHTS OF PERSONS WITH DISABILITIES

👍 Ehsan Ali and 18 others 11 shares

👍 Like 💬 Comment ➦ Share

1,514 people reached >

[Boost Post](#)

Assiut Students' Scientific Association (ASSA-Assiut)
2 d • 🌐

اليوم العالمي لحقوق الإنسان 🌟🌟

See more ... 🌟 لقد ولدتنا امهاتنا احرارا



👍👍👍 Amira Hussein and 16 others 8 shares

👍 Like 💬 Comment ➦ Share

1,516 people reached >

[Boost Post](#)



ASSA-Assiut

SCOPE Events

SCOPE & SCORE

Outgoing Promotion Campaign:



A) Extensive Online campaign to promote the exchange program following the national campaign guidelines, with more than 10,000 reaches online.



B) Physical Campaign, which included 7 days of physical campaigns in the Faculty halls and yards to ensure the exchange message reached everyone, with more than 350 students attending the campaign.

-Redbull was the sponsor of our physical campaign





C) Outgoing Seminar:

A comprehensive seminar to answer all the FAQ regarding exchange and tell the experiences of the previous students who went on exchange.



D) Exchange Exam:

An exam following the national guidelines and ensuring fair opportunity for everyone and a comprehensive Impartial interview process that allows all the students to have equal opportunities.



E) Scores

We published a comprehensive Excel Sheet that contains all the scores of all the students and their desired countries to ensure the transparency of the exchange procedure.

F) PDT:

A training for the outgoings on how to use the database and fill their AFs and CODs

Incoming Students at Assiut University for the exchange program trainings

Name	Country	Month of travelling	Department
Andrea Ochoa	Mexico	Jan-20	Al-Rajhy Hospital
David Hernandez	Mexico	Jan-20	Al-Rajhy Hospital
Fernanda Gushken	Brazil	Jan-20	Al-Rajhy Hospital
Ana Paula	Brazil	Jan-20	General Surgery
Pamela Vas	Brazil	Jan-20	General Surgery
Ivan Igor	Moldova	Apr-21	Al-Rajhy Hospital
Ion Ciobanu	Moldova	Apr-21	Al-Rajhy Hospital
Andrea Vinuesa	Spain	Jul-21	General Surgery
Ana Isabel Molina	Spain	Jul-21	General Surgery
Colinne Cerri	Brazil	Jul-21	Obstetrics and Gynecology
Estelle Marina Hizon	Phillipines	Jul-21	Al-Rajhy Hospital
Ahmed Abdulnabi	Iraq	Jul-21	Al-Rajhy Hospital
Maria Topala	Romania	Jul-21	Al-Rajhy Hospital
Maria Fabiola	Romania	Jul-21	Al-Rajhy Hospital
Pislan Caunic Maria	Romania	Jul-21	Al-Rajhy Hospital
Dragos Tomoiu	Romania	Jul-21	Al-Rajhy Hospital
Dragomir Teodor	Romania	Jul-21	Al-Rajhy Hospital



National & International Participations

International General Assemblies

IFMSA General Assemblies are among the biggest youth-led events around the world. Held twice a year – once in March, once in August – they are attended by over 800 medical students from 100+ countries.

- March Meeting 2020 “Rwanda”
- August Meeting 2020 “Online”

Mahmoud Nassar & Adham Osama

- March Meeting 2021
- August Meeting 2021

**Mahmoud Nassar - Adham Osama – Ali
Essam – Zyad Hassan**

International Regional Meetings

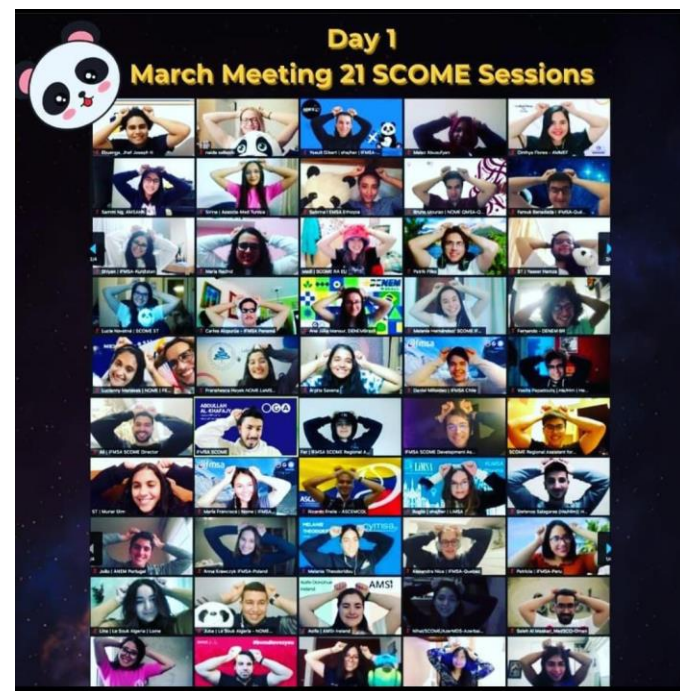
The **Regional Meetings** take place every year in each **IFMSA Region** and are hosted by at least one NMO from the respective **region**.

- EMR 16 “Jordan
- EMR 17 “online”

Mahmoud Nassar

- Euregme 2021 “online”

Adham Osama



International meetings

WHO "World Health Organization"

Every year, IFMSA hosts a Youth Pre World Health Assembly (Youth PreWHA) in the days preceding the WHA. During these days, the IFMSA Delegation to the World Health Assembly (WHA) is prepared to advocate and ensure the voice of youth is being heard at the most high-level global health decision-making event.

- **Pre-WHA 2021**

Adham Osama



UN "United Nations"

The Economic and Social Council (ECOSOC) Youth Forum is an annual initiative of the President of the Council. It has evolved into a key platform where young people can contribute to policy discussions at the United Nations through their collective ideas, solutions and innovations.

- **ECOSOC forum 2021**

Adham Osama



The HLPF on Sustainable Development is the central platform for the follow-up and review of the 2030 Agenda for Sustainable Development and the Sustainable Development Goals and a follow-up mechanism for a number of other frameworks and processes related to sustainable development.

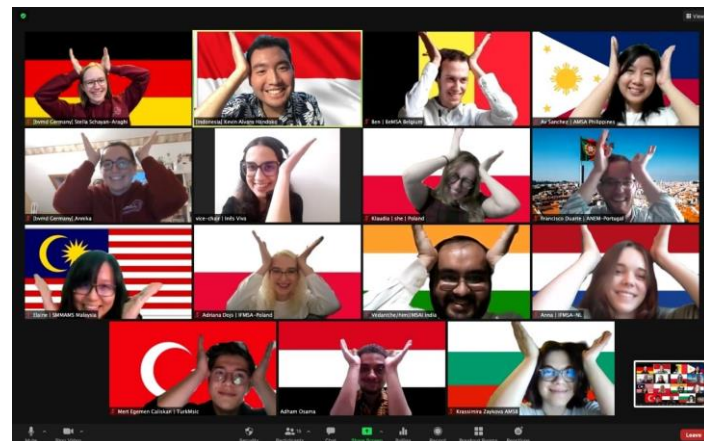
- **HLPF 2021**

Adham Osama

IFMSA is committed to achieving Health for All through Universal Health Coverage, a global effort to promote health and prevent, diagnose, treat and palliate diseases through various trainings, activities and campaigns to equip future health professionals with the required skills and knowledge.

- **UHC within PHC**

Zyad Hassan



National General Assemblies

IFMSA-Egypt works to offer future Egyptian physicians a comprehensive introduction to public health issues by taking part in the international medical student community to broaden their spectrum and reach their full potential since 1968. IFMSA-Egypt Holds its four meetings each year in different cities all over Egypt.



ASSA-Assiut Delegates present at IFMSA-Egypt General Assemblies

- 1st Term GA 2020 “October”
- Winter Camp XI
- 3rd Term GA 2021 “Luxor”

National Workshops and Trainings

Name	Workshop	Realted Committee	Date of the Workshop	Description of the Workshop
Maha Elsayed Allam	TCBE	Capacity Building	February 2021	Towards Capacity Building Empire workshop
Ahmed Jamal Ahmed	HAYL	External Affairs	February 2021	Health Advocacy & Youth Leadership
Mahmoud Usama Fawzy	TPT	Publications	November 2020	Training Publications Trainers
Fatma Ahmed Monic	QD	Reseach	February 2021	Questionare Design Workshop
Mina Reda	AWESOME Workshop	SCOME	February 2021	Advocacy Workshop Encouraging Social Accountability & other Medical Education Skills
Toka Ragab	TBME TOT	SCOME	December 2020	Towards Better Medical Education Training of Trainers
Zeyad Hassan	AWESOME	SCOME	February 2021	Advocacy Workshop Encouraging Social Accountability & other Medical Education Skills
Zeyad Hassan	TBME TOT	SCOME	December 2020	Towards Better Medical Education Training of Trainers
Ahmed Sayed	BGH	SCOPH	February 2021	bridging Gaps of Health Workshop
Mohamed Mostafa	AMR TOT	SCOPH	April 2021	Anti-Microbial Resistance Training Of trainers
Abdelkhalig Ayman Abdelkhalig	BGH	SCOPH	February 2021	bridging Gaps of Health Workshop
Nada Mohamed Sayed	Climate change TOT	SCOPH	April 2021	Climate Change Training Of trainers
Mohamed Ashraf Elfallah	AIDS TOT	SCORA	November 2020	HIV Training Of trainers
Mohamed Ashraf Elfallah	WATC	SCORA	February 2021	Women Around The Clock
Mohamed Ashraf Elfallah	IOM training	SCORA	April 2021	International Organization for Migration workshop
Mohamed Ashraf Elfallah	Al Shehab Foundation	SCORA	February 2021	HIV training
Ahmed Sherif Mohamed	TAS TOT	SCORP	January 2021	Towards Against Stigma Training Of trainers
Ahmed Jamal Ahmed	MH TOT	SCORP	January 2021	Mental Health Training Of trainers
Ahmed Jamal Ahmed	MHPSS	SCORP	April 2021	Mental Health & Psychosocial Support

External Collaborations and Partnerships

MSAR Research group

A partnership with MSAR research team to provide workshops for ASSA-assiut members on research basics and advanced scientific writing



Partnership between



MSAR & ASSA ASSUIT



Nook Co-work Space

A partnership with "NOOK " Coworking space an amazing studying hub for you to spend a concentrated studying time and get the best out of the books🔥



EI MOSEF

A partnership with Elmoosef organization to provide a series of basic life support and advanced surgical skills workshop for ASSA-Assiut members.



EPSF & Operation smile”

A collaboration with EPSF Assuit And operation smile” in a physical campaign for blood donation where we were able to get about 150 donations of blood .



Operation Smile
Egypt



Hult Prize at Assiut University

A collaboration Redbull Egypt decided to head down to campus with Assiut Students' Scientific Association (ASSA-Assiut) and HULT-prize Assiut to inspire those dreamers during Exchange and Recruitment campaigns



We, ASSA-Assiut family, would like to show our deepest gratitude to our beloved faculty and university administrators whom we could always rely on and represent our safety net in facing all the hardships that could possibly exist.

Your guidance and support is all we could ever ask for to continue our journey of prosperity in our university.

Prof. Alaa Mohamed Ahmed Attia

Dean Faculty of Medicine, Assiut University



Prof. Youssef Saleh Hassan Farrag

Vice Dean for Graduate
Studies and Research



Prof. Saad Zaki Mahmoud Saad

Vice Dean for Community Services and
Environmental Development



Prof. Amany Omar Mohamed Omar

Vice Dean for Education
and Student Affairs



We hope you have enjoyed reading our portfolio, and we wish you all a year full of success and prosperity.

For any inquiries, please do not hesitate to contact any of us:



On behalf of ASSA-Assiut EB,

Mahmoud Nassar (President)

E-Mail: assa.assiut.president@gmail.com



30 years and more ..