



**Achievements of the Social Therapy and Family  
Counseling Center**

Faculty of Social Work, Assiut University

### **First: Introduction to the Center:**

Based on the role of the Faculty of Social Work, Assiut University, in developing the university and community, particularly with regard to bringing about desired change in the personalities of male and female students and working to remove all obstacles and problems facing the educational environment. The college also believes in the role of the family in shaping, nurturing, and refining the human personality and in advancing society, as it constitutes a pillar of social, cultural, and national security. Therefore, in light of the growing importance of this role, it was necessary for the college to establish a Social Therapy and Family Counseling Unit to join the university's system of specialized units, strengthening its position on the map of community development and professional counseling in Upper Egypt in particular and the Arab Republic of Egypt in general.

The college sought and took the initiative to establish the Social Treatment and Family Counseling Center (S.T.F.C.C.) as a contribution to the university's self-development. This center aims to solve students' problems, satisfy their needs, and fulfill their aspirations for the development of the Egyptian family, represented by the Assiut community and neighboring governorates. This center aims to address the challenges they face and the obstacles that hinder their progress in fulfilling their civilizational mission. This center provides specialized and distinguished professional therapeutic and advisory services in support of its students, staff, and the community, and is committed to improving the quality of life for those who visit and benefit from the center's services.

The Social Treatment and Family Counseling Center is an established center to address the problems faced by university students that hinder the achievement of the desired educational goals. The center is one of the university's community service units, a special unit with financial and administrative independence, in accordance with the provisions of the executive regulations of Universities Law No. 49 issued by a presidential decree. Therefore, the Social Treatment Unit was established at the college on October 4, 2003. It was later transformed into the Center for Social Therapy and Family Counseling by decision of the Assiut University Council

in December 2015. The importance of this center stems from its representation of the positive and effective relationship between the university and the community. In the modern era, the university is no longer merely a place for acquiring knowledge and learning, even though that is its primary function. Rather, its activities have expanded to include addressing societal problems through the application of theoretical and scientific frameworks, reviewing them on an ongoing basis to objectively identify their positives and negatives, and developing performance levels in line with the evolving and changing conditions of society.

### **Second: The Center's Vision:**

To achieve excellence in providing social therapy services, psychological counseling, rehabilitation, development and community awareness programs, and therapeutic-oriented training and cultural programs. This will position the center as a model of leadership and a center of expertise at the local, regional, and international levels. Third: The Center's Mission:

The Center seeks to enhance the role of Assiut University, represented by the College of Social Work, in providing a range of specialized and distinguished advisory services and programs in the fields of social therapy, awareness programs, and family rehabilitation for university students and staff. It also works to build bridges of mutual cooperation with community institutions by introducing the Center's scientific and professional capabilities and developing ongoing working relationships with these institutions within the framework of plans and programs aimed at addressing various issues, problems, and consultations of a therapeutic nature that the Center can help address. It also addresses the needs of these institutions regarding staff development and professional performance.

#### **Fourth: The Center's Departments:**

- .١ Department of Social Therapy.
- .٢ Department of Family Counseling.
- .٣ Department of Rehabilitation for People with Disabilities.
- .٤ Department of Clinical Training.
- .٥ Department of Clinical Studies and Research.
- .٦ Department of Community Awareness and Partnership.

#### **Fifth: Center Objectives**

The Center for Social Therapy and Family Counseling aims to achieve the following objectives:

.١ Assisting the university in fulfilling its educational mission by helping students adapt to university life, facilitating their use of the educational opportunities available to them.

.٢ Assisting university students in overcoming academic problems they encounter during their enrollment, whether these problems are social, familial, or psychological in nature, which prevent them from engaging effectively in their studies.

.٣ Providing social and psychological therapy services and individual and group family counseling for students and their families, within the center's capabilities, to support the university's relationship with the community.

.٤ Conducting scientific research aimed at designing and implementing preventative programs for university students and the surrounding community, with the goal of protecting themselves and their families from social and psychological problems.

.٥ Establishing cooperation and partnership protocols with civil and governmental entities to provide psychological, social, guidance, and family counseling to various community institutions.

.٦Organizing training courses and programs on therapeutic programs and professional interventions with clients for researchers and practitioners working with individuals.

.٧Designing therapeutic and counseling programs for university students that meet their needs and motivations and protect them from many destructive intellectual trends and behavioral deviations.

.٨Strengthening cultural, scientific, and professional ties between the two institutions. The Center works with universities and various community institutions by providing specialized technical advice on the design and implementation of social therapy and family counseling programs for relevant institutions in the community that require professional counseling.

.٩Publishing a periodic scientific journal on social therapy and family counseling, unifying the efforts of researchers and scholars in the field of social therapy and encouraging them to publish their research and scientific studies.

.١٠Contributing to the development of training programs to develop the competencies of workers in the fields of social and family therapy in schools, educational institutions, mental health centers, social and vocational rehabilitation, and family courts. It also organizes seminars, conferences, workshops, and lectures that address issues of social therapy and psychological and family counseling at the scientific and applied levels.

### **Problems the Center Addresses:**

A. Academic Problems: such as academic delay, poor concentration, frequent absences, truancy, poor academic adjustment, adolescent and youth problems, etc.

.٢Various Family Problems: such as marital disputes, divorce, child neglect, emotional problems, and abuse problems. Marital compatibility and others

-٣ Behavioral problems: such as aggressive behavior, hyperactivity, smoking, child behavioral problems, bullying

-٤ Psychological problems: such as depression, anxiety, phobias, schizophrenia, addiction, etc.

-٥ Disability problems: such as motor disabilities, visual impairments, hearing impairments, developmental disorders (autism), multiple disabilities, etc.

-٦ Economic problems: such as low income

-٧ Other problems: any other problems that cannot be classified within the previous categories.

### **Sixth: Achievements of the Social Therapy and Family Counseling Center:**

-١ The center welcomes new students and explains the role of the social and psychological specialist within the center in solving students' problems of all kinds (family, psychological, social, behavioral, academic, etc.) by holding meetings with college students to explain the center's role and importance.

-٢ The center follows up on previously dealt with cases to resolve problems.

-٣ Receives urgent social and family counseling cases from those who visit the center.

-٤ The center received new individual cases and conducted individual therapy sessions for male and female students from the university and the College of Social Work. These students were assisted in solving various problems (behavioral, educational, family, psychological, etc.).

-٥ An internal decision was issued by the college assigning Ms. Asst. Prof. Dr. Ghada Abdel Aal Ahmed Abdel Aal from the College's Individual Services Department to supervise the Social Therapy and Family Counseling Center, effective Sunday, October 2, 2022.

-٦ The center conducted field training for (2) groups of fourth-year college students on Sundays and Mondays of each week until the end of the first semester, to clarify the role of the social and psychological specialist within the center.

-٧ The center conducted field training for (2) groups of third-year college students on Tuesdays and Wednesdays of each week until the end of the first semester, to clarify the role of the social and psychological specialist within the center.

.^ Several psychological tests were administered to a number of male and female college students, including the Shyness Scale, Self-Confidence Scale, Know Yourself Scale, and others. The results of these tests and scales were presented to the students to help them understand their personalities.

.٩ A field visit was conducted for third-year training students at the college to the Lillian Trasher Foundation on Tuesday, March 14, 2023, at 10:00 a.m., to explain the role of the social worker in dealing with youth.

.١٠ The center, along with third-year field training group students, conducted a workshop as part of the field training programs. The workshop was titled "The Six Hats Strategy," with the center's field training supervisor, Reham Hassan Ahmed Gad El-Karim.

. The Six Hats Strategy was conducted on Tuesday, February 28, 2023.



١٢- The center, with the students of the fourth-year field training group, conducted a workshop within the field training programs, entitled "The Six Hats Strategy," on Monday 3/20/2023.



١٣- The center, with the fourth-year field training students, will hold a workshop on how to solve an individual problem with the students training each other in the presence of the training supervisor to apply the role of the specialist and the client to solve a problem and present it to the colleagues of the rest of the training group on Monday 3/13/2023.



١٤. Creating an email address for the center to communicate with college and university students and provide them with assistance.

١٥. The center trained field training students on the application of a social research form.

١٦. The center trained field training students on the skills required by social workers.

١٧. Holding discussion groups with students about the problems they face at the college level to provide emotional release and resolve these problems.

١٨. On Wednesday, March 22, 2023, the center held a workshop on "The Role of the Social Worker as a Therapist for Learning Difficulties among Elementary School Students" for third-year training students at the center. The workshop was discussed with the training supervisor, along with Ms. Reham Hassan Ahmed Gad El-Karim, the field training supervisor.



٢٠. On Thursday, June 1, 2023, the college held a ceremony to inaugurate the College Student Union Council, conclude activities, and honor distinguished students. Ms. Asmaa Ibrahim Sayed, the center's administrative director, was honored. She was one of the distinguished departments in student field training activities.



٢١. On Sunday, March 24, 2024, the Center's team created a banner about the Center's message and vision that it presents to the college's students.



On Monday, March 25, 2024, the fourth-year field training students at the center made a banner about the problems that the center deals with with the students, noting that the training supervisor is Ms. Narmin Samir Barsoum.



-٢٣ On 3/26/2024, the third-year training students made a banner about the objectives of the Social Therapy Center, noting that the training supervisor was Ms. Amir H. Abdel-Masih Farag.



-٢٤ On 6/5/2024, the Center held a workshop entitled (Social Relations among University Youth) for the

fourth-year summer training students at the college. Dr. Dina Samir and Dr. Abdel Aziz attended, noting that Ms. Reham Hassan Ahmed Gad El-Karim is the summer training supervisor at the Center.



-٢٥A meeting between the Center Director and the Administrative Director and the Center's work team to develop a work plan for the Center and any new work related to the Center.



-٢٦The Center Director and the Administrative Director shall amend the Center's bylaws and submit them to the Dean of the College for submission to the University.

-٢٧On November 11, 2024, the Center trained (15) second-year preparatory master's students in the Individual Services Department every Tuesday until the end of the academic year.

-٢٨On November 20, 2024, the Center trained first-year preparatory doctoral students in the Individual Services Department every Thursday until the end of the academic year.

-٢٩ The Assiut University Council, in its session No. (760) held on November 26, 2024, approved the implementation of the financial and administrative regulations of the Center for Social Therapy and Family Counseling - Assiut University.

-٣٠ On Monday, December 23, 2024, at exactly eleven o'clock in the morning, the first meeting (its first session) was held at the headquarters of the Center for Social Therapy and Family Counseling, headed by the Dean of the College and the Chairman of the Center's Board of Directors, and in the presence of the members of the Center's Board of Directors. The Council discussed the agreed-upon items in the agenda. Attached are photos of the Center's Board of Directors meeting.



-٣١ On December 31, 2024, His Excellency Professor Dr. Ahmed El-Minshawy, President of the University, approved the formation of the Social Therapy and Family Counseling Center.

-٣٢ On December 31, 2024, His Excellency Professor Dr. Ahmed El-Minshawy, President of the University, approved the appointment of Dr. Ghada Abdel Aal Ahmed, Assistant Professor and Acting

Head of the Individual Services Department, as Director of the Social Therapy and Family Counseling Center, and the appointment of Ms. Asmaa Ibrahim Sayed Miftah, a social worker at the college, as the Center's Administrative Director.

-٣٣ On February 5, 2025, the Central Bank of Egypt approved the General Administration of Government Accounts to open an account for the Social Therapy and Family Counseling Center as a special unit.

-٣٤ On February 16, 2025, approval was given to amend the name of the "Social Therapy Unit" on the Assiut University website - the college page to "Social Therapy and Family Counseling Center" and add the following content to the page: (Introduction to the Center - Center's Vision - Center's Mission - Center's Objectives - Problems Addressed by the Center - Center's Formation - Center's Organizational Structure - Center's Activities - Any New Activities.)

-٣٥ On February 17, 2025, Monday, at 10:00 AM, the second meeting of the Board of Directors of the Social Therapy and Family Counseling Center was held in the Dean's Office, headed by Professor Dr. Iman Abdel-Aal Ahmed, Chairperson of the Board of Directors and Acting Dean of the College, and attended by members of the Board of Directors. The Board discussed the agreed-upon items on the agenda. Attached are photos of the Center's Board of Directors meeting.

-٣٦ On February 19, 2025, the Social Therapy and Family Counseling Center completed the tax registration procedures with the Tax Authority to complete the center's tax registration and obtain an electronic invoice from the Tax Authority.

-٣٧ On Sunday, February 23, 2025, at 10:00 AM, the Social Therapy and Family Counseling Center held an introductory seminar about the center for students of the Faculty of Social Work, Assiut University. Photos from the seminar are attached.



-٣٨ On 2/24/2025, the center was registered with the Tax Authority for tax registration, with tax registration number (770498434), and procedures were followed to obtain the electronic invoice.

-On March 23, 2025, the Center held a seminar for you, Madam: (Your Role in Building a Better Future) at 10:00 AM in the Professor Dr. Mustafa Kamal Hall, presented by Prof. Dr. Mahmoud Abdel-Alim, Vice President of the University for Community Service and Environmental Development Affairs. (Attached are photos from the seminar).



